FORM 6

CERTIFICATE OF COMPLIANCE

TO: CANADIAN SECURITIES EXCHANGE ("CSE")

Inner Spirit Holdings Ltd. (the "Listed Issuer") hereby certifies to CSE that the Listed Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as

defined in Policy 1).

Date: August 10, 2020.

Signed: "Darren Bondar"

(Signature)

Darren Bondar

(Print Name)

President, CEO and Director

(Print Office)