

# FORM 11

## NOTICE OF PROPOSED STOCK OPTION GRANT OR AMENDMENT

Name of Listed Issuer: Rapid Dose Therapeutics Corp. (the "Issuer").

Trading Symbol: DOSE

Date: March 30, 2021

### 1. New Options Granted:

Date of Grant: March 29, 2021

Name of Optionee	Position (Director/ Officer/ Employee/ Consultant/ Management Company)	Insider Yes or No?	No. of Optioned Shares	Exercise Price	Expiry Date	No. of Options Granted in Past 12 Months
Jason Lewis	Director	Yes	500,000	0.24	Mar. 28, 2023	NIL
Peter Thilo-Hasler	Director	Yes	200,000	0.24	Mar. 28, 2023	NIL
Mark Upsdell	Director/CEO	Yes	500,000	0.24	Mar. 28, 2023	NIL
Tom Bryson	Officer	Yes	500,000	0.24	Mar. 28, 2023	NIL
Nick Direnzo	Consultant	No	200,000	0.24	Mar. 28, 2023	NIL
Doug Hyland	Officer	Yes	500,000	0.24	Mar. 28, 2023	NIL
Radi Bacanov	Employee	No	75,000	0.24	Mar. 28, 2023	NIL
Bill McMurdy	Employee	No	100,000	0.24	Mar. 28, 2023	NIL
Christina Shamshoom	Employee	No	75,000	0.24	Mar. 28, 2023	NIL
Alie Upsdell	Employee	No	100,000	0.24	Mar. 28, 2023	NIL

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Mike Direnzo	Employee	No	75,000	0.24	Mar. 28, 2023	NIL
Paula MacBeth	Employee	No	200,000	0.24	Mar. 28, 2023	NIL
Olivia Brown	Employee	No	75,000	0.24	Mar. 28, 2023	NIL
John Thistlethwaite	Employee	No	300,000	0.24	Mar. 28, 2023	NIL
Ben McPhail	Employee	No	75,000	0.24	Mar. 28, 2023	NIL
Ron Brooks	Consultant	Yes	500,000	0.24	Mar. 28, 2023	NIL
Lino Fera	Consultant	No	75,000	0.24	Mar. 28, 2023	NIL
Miles Nagamatsu	Consultant	No	50,000	0.24	Mar. 28, 2023	NIL
Jorge Estepa	Consultant	No	25,000	0.24	Mar. 28, 2023	NIL
Lisa Tomlinson	Employee	No	10,000	0.24	Mar. 28, 2023	NIL
Pete Beccacinni	Employee	No	10,000	0.24	Mar. 28, 2023	NIL
Eliot Myers	Employee	No	10,000	0.24	Mar. 28, 2023	NIL
Todd Masse	Employee	No	200,000	0.24	Mar. 28, 2023	NIL
Matt George	Employee	No	50,000	0.24	Mar. 28, 2023	NIL
Olena Bespalova	Employee	No	10,000	0.24	Mar. 28, 2023	NIL
Bill Harding	Consultant	No	75,000	0.24	Mar. 28, 2023	NIL

Total Number of optioned shares proposed for acceptance: 4,490,000.

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## 2. Other Presently Outstanding Options:

Name of Optionee	No. of Optioned Shares <sup>(1)</sup>	Exercise Price	Original Date of Grant	Expiry Date
Mark Upsdell	1,000,000	0.82	March 11, 2019	March 11, 2024
Jason Lewis	950,000	0.82	March 11, 2019	March 11, 2024
Doug Hyland	300,000	0.82	March 11, 2019	March 11, 2024
Ben MacPhail	400,000	0.82	March 11, 2019	March 11, 2024
Bill McMurdy	50,000	0.82	March 11, 2019	March 11, 2024
Paula MacBeth	100,000	0.82	March 11, 2019	March 11, 2024
Joe Amato	50,000	0.82	March 11, 2019	March 11, 2024
Miles Nagamatsu	50,000	0.82	March 11, 2019	March 11, 2024
Jorge Estepa	75,000	0.82	March 11, 2019	March 11, 2024
Sarah Seale	6,000	0.82	March 11, 2019	March 11, 2024
Sal Giulione	10,000	0.82	March 11, 2019	March 11, 2024
Manfred Goldbach	100,000	0.82	March 11, 2019	March 11, 2024
Stacy Finch	100,000	0.82	March 11, 2019	March 11, 2024
Matt George	50,000	0.82	March 11, 2019	March 11, 2024
Tom Larsen	150,000	0.82	March 11, 2019	March 11, 2024
Greg Hall	50,000	0.82	March 11, 2019	March 11, 2024

(1) Set out number of optioned shares for each grant with different terms.

## 3. Additional Information

- (a) If shareholder approval was required for the grant of options (including prior approval of a stock option plan), state the date that the shareholder meeting approving the grant was or will be held.

***The Stock Option Plan was approved at the Annual General and Special Meeting of Shareholders held on December 6, 2019.***

- (b) State the date of the news release announcing the grant of options.

***March 30, 2021***

- (c) State the total issued and outstanding share capital at the date of grant or amendment.

**100,666,805 Common Shares**

- (d) State, as a percentage of the issued and outstanding shares of the Issuer indicated in (c) above, the aggregate number of shares that are subject to incentive stock options, including new options, amended options and other presently outstanding options.

**7.88% of Common Shares**

- (e) If the new options are being granted pursuant to a stock option plan, state the number of remaining shares reserved for issuance under the plan

**2,135,681**

- (f) If the Issuer has completed a public distribution of its securities within 90 days of the date of grant, state the per share price paid by the public investors.

**N/A**

- (g) Describe the particulars of any proposed material changes in the affairs of the Issuer.

**N/A**

**4. Certificate of Compliance**

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to the Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CNSX Policy 1).

4. All of the information in this Form 11 Notice of Proposed Stock Option Grant or Amendment is true.

Dated March 30, 2021

Mark Upsdell  
Name of Director or Senior  
Officer

“Mark Upsdell”  
Signature

CEO  
Official Capacity