

# FORM 11

## NOTICE OF PROPOSED STOCK OPTION GRANT OR AMENDMENT

Name of Listed Issuer: High Hampton Holdings (the "Issuer").

Trading Symbol: HC

Date: 2019-06.04

### 1. New Options Granted:

Date of Grant: 2019-05-08

Name of Optionee	Position (Director/ Officer/ Employee/ Consultant/ Management Company)	Insider Yes or No?	No. of Optioned Shares	Exercise Price	Expiry Date	No. of Options Granted in Past 12 Months
Gary Latham	CEO	Yes	500,000	\$0.34	2024.05.08	500,000
Tom Baird	COO	Yes	500,000	\$0.34	2024.05.08	500,000
Robert Allen	Director	Yes	500,000	\$0.34	2024.05.08	500,000
Campbell Birge	Director	Yes	500,000	\$0.34	2024.05.08	500,000
Dieter MacPherson	Director	Yes	500,000	\$0.34	2024.05.08	500,000

Total Number of optioned shares proposed for acceptance: 2,500,000.

## 2. Other Presently Outstanding Options:

Name of Optionee	No. of Optioned Shares <sup>(1)</sup>	Exercise Price	Original Date of Grant	Expiry Date
Brendan Purdy	150,000	\$0.50	2017.09.15	2019.09.15
Daniel Petrov	600,000	\$0.50	2017.09.15	2019.09.15
David Argudo	400,000	\$0.50	2017.09.15	2019.09.15

Steve Selleck	250,000	\$0.50	2017.09.15	2019.09.15
Christian Scovenna	150,000	\$0.50	2017.09.15	2019.09.15
Fiona Fitzmaurice	150,000	\$0.50	2017.09.15	2019.09.15
Dove Bryne	200,000	\$0.50	2017.09.15	2019.09.15
David Bernard	200,000	\$0.50	2017.09.15	2019.09.15
Jonathan Bernard	200,000	\$0.50	2017.09.15	2019.09.15
Mateen Khorsand	200,000	\$0.50	2017.09.15	2019.09.15

## 3. Additional Information

- (a) If shareholder approval was required for the grant of options (including prior approval of a stock option plan), state the date that the shareholder meeting approving the grant was or will be held.

The stock option plan was approved at the AGM which was held on April 12<sup>th</sup>, 2019. The stock options were granted at by the board on May 7<sup>th</sup>, 2019.

- (b) State the date of the news release announcing the grant of options.

May 8<sup>th</sup>, 2019

- (c) State the total issued and outstanding share capital at the date of grant or amendment.

104,778,316

- (d) State, as a percentage of the issued and outstanding shares of the Issuer indicated in (c) above, the aggregate number of shares that are subject to

incentive stock options, including new options, amended options and other presently outstanding options.

4%

- (e) If the new options are being granted pursuant to a stock option plan, state the number of remaining shares reserved for issuance under the plan.

8,277,832

- (f) If the Issuer has completed a public distribution of its securities within 90 days of the date of grant, state the per share price paid by the public investors.

N/A

- (g) Describe the particulars of any proposed material changes in the affairs of the Issuer.

N/A

#### **4. Certificate of Compliance**

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to the Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CNSX Policy 1).

4. All of the information in this Form 11 Notice of Proposed Stock Option Grant or Amendment is true.

Dated June 06, 2019.

Fiona Fitzmaurice  
Name of Director or Senior  
Officer



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Signature

CFO  
Official Capacity