

# FORM 11

## NOTICE OF PROPOSED STOCK OPTION GRANT OR AMENDMENT

Name of Listed Issuer: BlissCo Cannabis Corp. (the "Issuer").

Trading Symbol: BLIS

Date: November 5, 2018

### 1. New Options Granted:

Date of Grant: November 5, 2018

Name of Optionee	Position (Director/ Officer/ Employee/ Consultant/ Management Company)	Insider Yes or No?	No. of Optioned Shares	Exercise Price	Expiry Date	No. of Options Granted in Past 12 Months
Bhavana Rao	Employee	No	50,000	\$ 0.370	Nov 5, 2021	0
Rebecca van Ek	Employee	No	30,000	\$ 0.370	Nov 5, 2021	0
Roberto Erario	Consultant	No	24,324	\$ 0.370	Nov 5, 2021	0
Annette Erario	Consultant	No	24,324	\$ 0.370	Nov 5, 2021	0

Total Number of optioned shares proposed for acceptance: 128,648

### 2. Other Presently Outstanding Options:

Name of Optionee	No. of Optioned Shares <sup>(1)</sup>	Exercise Price	Original Date of Grant	Expiry Date
Damian Kettlewell	480,000	\$ 0.30	Feb 23, 2018	Feb 23, 2022
John Kettlewell	265,000	\$ 0.30	Feb 23, 2018	Feb 23, 2022
Navdeep Dhaliwal	600,000	\$ 0.30	Feb 23, 2018	Feb 23, 2022
Praveen Varshney	325,000	\$ 0.30	Feb 23, 2018	Feb 23, 2022
Gerald Proctor	80,000	\$ 0.30	Feb 23, 2018	Feb 23, 2022

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Ravinder Kang	220,000	\$ 0.30	Feb 23, 2018	Feb 23, 2022
Dr. Bryn Hyndman	50,000	\$ 0.30	Feb 23, 2018	Feb 23, 2022
Matt Breach	50,000	\$ 0.30	Feb 23, 2018	Feb 23, 2022
Trina Fraser	15,000	\$ 0.30	Feb 23, 2018	Feb 23, 2022
Paul Meehan	20,000	\$ 0.30	Feb 23, 2018	Feb 23, 2022
Tim Mahony	10,000	\$ 0.30	Feb 23, 2018	Feb 23, 2022
Vipin Viraman	180,000	\$ 0.30	Feb 23, 2018	Feb 23, 2022
Shawn McDougall	180,000	\$ 0.30	Feb 23, 2018	Feb 23, 2022
Karamveer Thakur	100,000	\$ 0.30	Feb 23, 2018	Feb 23, 2022
Sunny Rai	80,000	\$ 0.30	Feb 23, 2018	Feb 23, 2022
Gurinder Sandhu	20,000	\$ 0.30	Feb 23, 2018	Feb 23, 2022
Hari Varshney	140,000	\$ 0.30	Feb 23, 2018	Feb 23, 2022
Peeyush Varshney	140,000	\$ 0.30	Feb 23, 2018	Feb 23, 2022
Sandeep Gupta	20,000	\$ 0.30	Feb 23, 2018	Feb 23, 2022
Debbie Lew	45,000	\$ 0.30	Feb 23, 2018	Feb 23, 2022
Tina Wu	30,000	\$ 0.30	Feb 23, 2018	Feb 23, 2022
Kylie Parkinson	5,000	\$ 0.30	Feb 23, 2018	Feb 23, 2022
Sheena Leung	80,000	\$ 0.33	June 8, 2018	June 8, 2021
Greg Scurr	50,000	\$ 0.33	June 8, 2018	June 8, 2021
Darcy Jensen	20,000	\$ 0.33	June 8, 2018	June 8, 2021
Charlene Kettlewell	80,000	\$ 0.33	June 8, 2018	June 8, 2021
Matthew Kettlewell	80,000	\$ 0.33	June 8, 2018	June 8, 2021
Vipin Vikraman	30,000	\$ 0.33	June 8, 2018	June 8, 2021
Shawn McDougall	30,000	\$ 0.33	June 8, 2018	June 8, 2021
Christina Rao	80,000	\$ 0.33	June 8, 2018	June 30, 2019
Sean Ty	80,000	\$0.405	Sept 18, 2018	Sept 18, 2021
Jennifer Archibald	800,000	\$0.315	Oct 24, 2018	Oct 24, 2028
Meena Ballantyne	110,000	\$0.315	Oct 24, 2018	Oct 24, 2021
Gerald Proctor	30,000	\$0.315	Oct 24, 2018	Oct 24, 2021
Ariel Lewinski	30,000	\$0.315	Oct 24, 2018	Oct 24, 2021
Cesar Chung	80,000	\$0.315	Oct 24, 2018	Oct 24, 2021
Triet Troung	40,000	\$0.315	Oct 24, 2018	Oct 24, 2021
Vipin Vikraman	20,000	\$0.315	Oct 24, 2018	Oct 24, 2021
Shawn McDougall	20,000	\$0.315	Oct 24, 2018	Oct 24, 2021

(1) Set out number of optioned shares for each grant with different terms.

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### 3. Additional Information

- (a) If shareholder approval was required for the grant of options (including prior approval of a stock option plan), state the date that the shareholder meeting approving the grant was or will be held. **September 18, 2018**
- (b) State the date of the news release announcing the grant of options. N/A
- (c) State the total issued and outstanding share capital at the date of grant or amendment. **102,330,171**
- (d) State, as a percentage of the issued and outstanding shares of the Issuer indicated in (c) above, the aggregate number of shares that are subject to incentive stock options, including new options, amended options and other presently outstanding options. 0.13%
- (e) If the new options are being granted pursuant to a stock option plan, state the number of remaining shares reserved for issuance under the plan. **5,087,702**
- (f) If the Issuer has completed a public distribution of its securities within 90 days of the date of grant, state the per share price paid by the public investors.
- (g) Describe the particulars of any proposed material changes in the affairs of the Issuer.

### 4. Certificate of Compliance

The undersigned hereby certifies that:

- 1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
- 2. As of the date hereof there is no material information concerning the Issuer which has not been publicly disclosed.
- 3. The undersigned hereby certifies to the Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CNSX Policy 1).

4. All of the information in this Form 11 Notice of Proposed Stock Option Grant or Amendment is true.

Dated November 8, 2018.

Damian Kettlewell  
Name of Director or Senior  
Officer

*Damian Kettlewell*  
Signature

CEO  
Official Capacity