

FORM 11

NOTICE OF PROPOSED STOCK OPTION GRANT OR AMENDMENT

Name of Listed Issuer: PAC ROOTS CANNABIS CORP. (the "Issuer").

Trading Symbol: PACR

Date: January 12, 2021

1. New Options Granted:

Date of Grant: January 12, 2021

Name of Optionee	Position (Director/ Officer/ Employee/ Consultant/ Management Company)	Insider Yes or No?	No. of Optioned Shares	Exercise Price	Expiry Date	No. of Options Granted in Past 12 Months
Patrick Elliott	CEO/President and Director	YES	600,000	\$0.15	January 12, 2024	750,000
Josh Bromley	Consultant	NO	200,000	\$0.15	January 12, 2024	300,000
Anna Dalaire	Consultant	NO	300,000	\$0.15	January 12, 2024	300,000
Shauna Hartman	Legal Counsel	NO	150,000	\$0.15	January 12, 2024	250,000
Matthew McGill	Director	YES	200,000	\$0.15	January 12, 2024	250,000
Marc Geen	Consultant	NO	200,000	\$0.15	January 12, 2024	250,000
Chadwick Adam Clelland	Director	YES	250,000	\$0.15	January 12, 2024	250,000

FORM 11 – NOTICE OF PROPOSED STOCK OPTION GRANT OR AMENDMENT

Jim Henning	Officer	YES	100,000	\$0.15	January 12, 2024	200,000
David Schmidt	Consultant	NO	300,000	\$0.15	January 12, 2024	Nil
Russell Andrews	Consultant	NO	100,000	\$0.15	January 12, 2024	Nil
Trine Hendricksen	Consultant	NO	100,000	\$0.15	January 12, 2024	200,000
Alex Field	Consultant	NO	50,000	\$0.15	January 12, 2024	100,000
Yevvy Kryvonos	Consultant	NO	100,000	\$0.15	January 12, 2024	50,000
Peter Espig	Consultant	NO	400,000	\$0.15	January 12, 2024	Nil
Oceanside Stratagies	Consultant	NO	300,000	\$0.15	January 12, 2024	Nil
Partum Advisory	Consultant	NO	100,000	\$0.15	January 12, 2024	Nil

Total Number of optioned shares proposed for acceptance: 3,450,000.

**FORM 11 – NOTICE OF PROPOSED STOCK OPTION GRANT
OR AMENDMENT**

2. Other Presently Outstanding Options:

Name of Optionee	No. of Optioned Shares ⁽¹⁾	Exercise Price	Original Date of Grant	Expiry Date
Patrick Elliott	750,000	\$0.205	June 8, 2020	June 8, 2023
Dominic Stann	300,000	\$0.205	June 8, 2020	June 8, 2023
Josh Bromley	300,000	\$0.205	June 8, 2020	June 8, 2023
Anna Dalairé	300,000	\$0.205	June 8, 2020	June 8, 2023
Shauna Hartman	250,000	\$0.205	June 8, 2020	June 8, 2023
Matthew McGill	250,000	\$0.205	June 8, 2020	June 8, 2023
Marc Geen	250,000	\$0.205	June 8, 2020	June 8, 2023
Chadwick Adam Clelland	250,000	\$0.205	June 8, 2020	June 8, 2023
Jim Henning	200,000	\$0.205	June 8, 2020	June 8, 2023
Ashkan Shahrokhi	200,000	\$0.205	June 8, 2020	June 8, 2023
Fairchild Consulting Corp.	200,000	\$0.205	June 8, 2020	June 8, 2023
Trine Hendricksen	200,000	\$0.205	June 8, 2020	June 8, 2023
Alex Field	100,000	\$0.205	June 8, 2020	June 8, 2023
Yevvy Kryvonos	50,000	\$0.205	June 8, 2020	June 8, 2023
Carlos Plaschinski	50,000	\$0.205	June 8, 2020	June 8, 2023

(1) Set out number of optioned shares for each grant with different terms.

3. Additional Information

- (a) If shareholder approval was required for the grant of options (including prior approval of a stock option plan), state the date that the shareholder meeting approving the grant was or will be held.
- (b) State the date of the news release announcing the grant of options.
- (c) State the total issued and outstanding share capital at the date of grant or amendment.
- (d) State, as a percentage of the issued and outstanding shares of the Issuer indicated in (c) above, the aggregate number of shares that are subject to incentive stock options, including new options, amended options and other presently outstanding options.

**FORM 11 – NOTICE OF PROPOSED STOCK OPTION GRANT
OR AMENDMENT**

January 2015
Page 5