FORM 7  
  
MONTHLY PROGRESS REPORT

Name of Listed Issuer: **Brand X Lifestyle Corp.** (the “Issuer”).

Trading Symbol: **BXXX**

Number of Outstanding Listed Securities: **36,012,878**

Date: **March 2020**

This Monthly Progress Report must be posted before the opening of trading on the fifth trading day of each month. This report is not intended to replace the Issuer’s obligation to separately report material information forthwith upon the information becoming known to management or to post the forms required by Exchange Policies. If material information became known and was reported during the preceding month to which this report relates, this report should refer to the material information, the news release date and the posting date on the Exchange website.

This report is intended to keep investors and the market informed of the Issuer’s ongoing business and management activities that occurred during the preceding month. Do not discuss goals or future plans unless they have crystallized to the point that they are "material information" as defined in the Policies. The discussion in this report must be factual, balanced and non-promotional.

**General Instructions**

1. Prepare this Monthly Progress Report using the format set out below. The sequence of questions must not be altered nor should questions be omitted or left unanswered. The answers to the items must be in narrative form. State when the answer to any item is negative or not applicable to the Issuer. The title to each item must precede the answer.
2. The term “Issuer” includes the Issuer and any of its subsidiaries.
3. Terms used and not defined in this form are defined or interpreted in Policy 1 – Interpretation and General Provisions.

**Report on Business**

1. Provide a general overview and discussion of the development of the Issuer’s business and operations over the previous month. Where the Issuer was inactive disclose this fact.

**The Company is focused on investing in emerging technologies. The Company's investment objectives are to seek investment opportunities in early‐stage to mid‐level blockchain and emerging technology companies and to achieve an acceptable rate of return by focusing on opportunities with attractive risk to reward profiles. Investments by the Company will be made in accordance with, and are otherwise subject to, the Company's investment policy, which may be amended from time to time.**

**On March 30, 2020, the Company completed an acquisition of 100% of the issued and outstanding common shares of CBIO Brand Development Inc. (“CBIO”), resulting in CBIO becoming a wholly-owned subsidiary of the Company (the “Acquisition”). Described in further detail in Item 7.**

**CBIO’s primary business is the commercialization of complex consumer goods. Through its primary brand, www.armourgenix.com, CBIO has launched a suite of high-performance sports supplements. In the coming weeks CBIO will be launching its e-commerce platform and expanding its product offerings.**

1. Provide a general overview and discussion of the activities of management.

**During the month of March, management continued to actively search for, and evaluate, investment opportunities in accordance with its investment policy in order to enhance shareholder value, including the Definitive Agreement with CBIO, discussed in further detail in Item 7.**

1. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law.

**N/A**

1. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned.

**N/A**

1. Describe any new business relationships entered into between the Issuer, the Issuer’s affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.

**N/A**

1. Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer’s affiliates or third parties or cancellation of any financing arrangements that have been previously announced.

**N/A**

1. Describe any acquisitions by the Issuer or dispositions of the Issuer’s assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provide details of the relationship.

**On March 30, 2020, the Company completed an acquisition of 100% of the issued and outstanding common shares of CBIO Brand Development Inc. (“CBIO”), resulting in CBIO becoming a wholly-owned subsidiary of the Company (the “Acquisition”).**

**CBIO’s primary business is the commercialization of complex consumer goods. Through its primary brand, www.armourgenix.com, CBIO has launched a suite of high-performance sports supplements. In the coming weeks CBIO will be launching its e-commerce platform and expanding its product offerings.**

**In connection with the Acquisition, the Company changed its name to Brand X Lifestyle Corp. (“Brand X”) and completed a consolidation (the “Consolidation”) of all of its issued and outstanding common shares (each, a "Share") on the basis of one post-consolidation Share (the "Post-Consolidation Shares") for every two pre-consolidation Shares. Brand X issued an aggregate of 6,900,000 Post-Consolidation Shares to the CBIO Shareholders in consideration of the CBIO Shares.**

**The aggregate of 6,900,000 Shares will be held in escrow by Brand X and released to the CBIO Shareholders as follows:**

1. **1,725,000 Post-Consolidation Shares on the date that is five business days from the end of any three month period following the Closing Date and before March 1, 2021 (the "Clawback Date") in which CBIO generates $500,000 or more in gross revenue in such three month period;**
2. **1,725,000 Post-Consolidation Shares on the date that is five business days from the end of any three month period following the Closing Date and before the Clawback Date in which CBIO generates $1,000,000 or more in gross revenue in such three month period;**
3. **1,725,000 Post-Consolidation Shares on the date that is five business days from the end of any three month period following the Closing Date and before the Clawback Date in which CBIO generates $2,000,000 or more in gross revenue in such three month period; and**
4. **1,725,000 Post-Consolidation Shares on the date that is five business days from the end of any three month period following the Closing Date and before the Clawback Date in which CBIO generates $4,000,000 or more in gross revenue in such three month period.**

**Any Post-Consolidation Shares remaining in escrow on the Clawback Date will be cancelled and returned to treasury.**

1. Describe the acquisition of new customers or loss of customers.

**N/A**

1. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trade-marks.

**N/A**

1. Report on any employee hiring’s, terminations or lay-offs with details of anticipated length of lay-offs.

**N/A**

1. Report on any labour disputes and resolutions of those disputes if applicable.

**N/A**

1. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.

**N/A**

1. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness.

**None.**

1. Provide details of any securities issued and options or warrants granted.

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| **Security** | **Number Issued** | **Details of Issuance** | **Use of Proceeds** (1) |
|  |  |  |  |

1. *State aggregate proceeds and intended allocation of proceeds.*

**As described in Item 7, the aggregate of 6,900,000 Shares will be held in escrow by Brand X as consideration for the issued and outstanding shares of CBIO, and will be released to the CBIO Shareholders as follows:**

1. **1,725,000 Post-Consolidation Shares on the date that is five business days from the end of any three month period following the Closing Date and before March 1, 2021 (the "Clawback Date") in which CBIO generates $500,000 or more in gross revenue in such three month period;**
2. **1,725,000 Post-Consolidation Shares on the date that is five business days from the end of any three month period following the Closing Date and before the Clawback Date in which CBIO generates $1,000,000 or more in gross revenue in such three month period;**
3. **1,725,000 Post-Consolidation Shares on the date that is five business days from the end of any three month period following the Closing Date and before the Clawback Date in which CBIO generates $2,000,000 or more in gross revenue in such three month period; and**
4. **1,725,000 Post-Consolidation Shares on the date that is five business days from the end of any three month period following the Closing Date and before the Clawback Date in which CBIO generates $4,000,000 or more in gross revenue in such three month period.**

**Any Post-Consolidation Shares remaining in escrow on the Clawback Date will be cancelled and returned to treasury.**

1. Provide details of any loans to or by Related Persons.

**N/A**

1. Provide details of any changes in directors, officers or committee members.

**N/A**

1. Discuss any trends which are likely to impact the Issuer including trends in the Issuer’s market(s) or political/regulatory trends.

**N/A**

**Certificate Of Compliance**

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there were is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to the Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CNSX Policy 1).
4. All of the information in this Form 7 Monthly Progress Report is true.

Dated **April 6, 2020** .

**Arni Johannson**   
Name of Director or Senior Officer

***/s/ “Arni Johannson”***   
Signature

**CEO**   
Official Capacity

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| ***Issuer Details***  Name of Issuer  **Brand X Lifestyle Corp.**  **(formerly Block X Capital Corp.)** | For Month End  **March 2020** | Date of Report  YY/MM/D  **20/04/06** |
| Issuer Address  **918 - 1030 West Georgia Street** | | |
| City/Province/Postal Code  **Vancouver, BC V6E 2Y3** | Issuer Fax No.  **(604) 662-7950** | Issuer Telephone No.  **(604) 628-2669** |
| Contact Name  **Arni Johannson** | Contact Position  **CEO** | Contact Telephone No.  **(604) 614-1034** |
| Contact Email Address  **arni@canadiannexus.com** | Web Site Address  **N/A** | |