



Canada House Wellness Group Update: Abba Medix Grow is Commencing

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TORONTO, March 22, 2018 -- Abba Medix Corp "Abba", a subsidiary of Canada House Wellness Group Inc. (CSE:CHV) ("Canada House" or the "Company") wishes to announce that it received its starting genetics yesterday. With forty-seven strains now in house, the experienced team at Abba will begin cultivation in the coming days. Abba will initially grow a variety of cannabis strains most sought by the thousands of medical cannabis patients of its sister company, Marijuana For Trauma.

"We're excited to begin our cultivation efforts and provide Canada's medical cannabis patients with exactly the high quality, premium product they require," said Riley McGee, Abba's President. "Planting our first crop is a great step towards fulfilling our passion for acquiring the very best genetics and growing them in the most favourable, technologically advanced, indoor environment for the benefit of those with a genuine medicinal need," he added.

Abba's genetics arrived yesterday, and Abba looks to have two lots of cannabis harvested and ready for Health Canada approval by mid-year, and anticipates receiving its License to Sell this summer. It then expects to be in full production by October of this year.

At full production, Abba's current grow operations are projected to produce more than 2,500 kg annually.

Canada House Wellness Group Inc.

Canada House is the parent company of Marijuana for Trauma Inc., Kalysis Technologies and Abba Medix Corp. The Company's goal is to become a marketplace leader through strategic partnerships, mergers, and acquisitions to create a fully integrated cannabis therapy company. For more information please visit <http://www.canadahouse.ca> or www.sedar.com

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