

NEWS RELEASE

MYM Announces Resignation of Ian Ramage from Board of Directors

Vancouver, B.C., Oct. 5, 2018 – MYM Nutraceuticals Inc., (CSE: MYM) (the "Company" or "MYM") announces today that the board of directors received the resignation of Director and General Counsel, Ian Ramage.

Mr. Ramage joined the board of directors in February 2017. He resigns from the board to focus his efforts on other professional opportunities.

"It is with mixed emotions that we announce the departure of our colleague and friend Ian Ramage," said Rob Gietl, CEO of MYM. "Ian's contribution to the MYM team has been immense and he'll be sadly missed. We wish Ian all the best in his future endeavours".

About MYM Nutraceuticals Inc.

MYM Nutraceuticals Inc. is an innovative company focused on acquiring Health Canada licenses to produce and sell high-end medicinal cannabis supplements and topical products. MYM is a shareholder in two production projects in Québec that when completed are anticipated to have over 1.5 million square feet of production space. MYM also has interest in two international cannabis production projects in Australia and Colombia. In New South Wales, Australia, the "Northern Rivers Project" is expected to have 1.2 million square feet of cannabis production space. In Medellin, Colombia, MYM and Colombia Organica are planning to build a cannabis production facility in the region. Colombia Organica currently holds a seed-to-sale license for low-THC cannabis, which permits the company to grow, produce and create cannabis derivatives to be commercialized and/or exported. Colombia Organica is in the licensing process for the cultivation and production of high-THC cannabis extracts. To ensure a strong presence and growth potential within the industry, MYM is actively looking to acquire complementary businesses and assets in the technology, nutraceuticals and CBD sectors. MYM shares trade in Canada, Germany and the USA under the following symbols: (CSE:MYM) (OTC:MYMMF) (FRA:0MY) (DEU:0MY) (MUN:0MY) (STU:0MY).

ON BEHALF OF THE BOARD Rob Gietl, CEO MYM Nutraceuticals Inc. www.mym.ca

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