FORM 7

EAT BEYOND GLOBAL HOLDINGS INC.

MONTHLY PROGRESS REPORT

Name of CSE Issuer:	Eat Beyond Global Holdings Inc.	(the "Issuer").
Trading Symbol:	EATS	
Number of Outstanding	g Listed Securities: 32,215,207	
Date: April 8,	2021	

Report on Business

1. Provide a general overview and discussion of the development of the Issuer's business and operations over the previous month. Where the Issuer was inactive disclose this fact.

March 3,2021

The Issuer has joined Protein Industries Canada (PIC). PIC is an industry-led, not-for-profit organization created to position Canada as a global source of high-quality plant protein and plantbased products. PIC is one of Canada's five innovation Superclusters, which the Government of Canada put in place in 2017 to direct the investment of nearly \$1 billion over five years, into five of Canada's most promising innovative industries, including the plant-based protein industry.

March 4, 2021

The Issuer's portfolio company Nabati Foods Inc. has introduced an impressive roster of advisors and directors, including Eat Beyond Chairman of the Board, and former Mars Canada CEO, Don Robinson

March 9, 2021

The Issuer announced its initial investment in good natured® Products Inc. has shown strong growth over the past several months. Eat Beyond purchased a stake in good natured® in November 2020 at \$0.14 per share with each share receiving one-half warrant at \$0.21. On March 4, 2021, good natured® announced gross proceeds of \$23,115,000 from a short form prospectus offering of common shares at an issue price of \$1.20 per common share. This represents an increase in the value of Eat Beyond's stake in good natured® of over 800%.

March 11, 2021

The Issuer has been selected as one of just 21 companies worldwide to be included in the VegTech[™] Index. The VegTech[™] Index is the first index of its kind and includes leading publicly traded plantbased companies. The goal is to provide a fiscal scoreboard using market cap-weighted performance to show the overall financial health and strength for the sector.

March 15, 2021

The Issuer's portfolio company Nabati Foods Global Inc., formerly Nabati Foods Inc. has closed an oversubscribed \$7.7 million private placement and has restructured with plans to go public. Nabati previously announced its intentions to raise \$4 million, but due to tremendous demand, has increased this to \$7.7 million.

March 25, 2021

The Issuer's portfolio company Eat Just Inc. ("Eat Just") has completed a \$200 million (USD) funding round. Eat Just has raised more than \$650 million since its founding in 2011 and has earned a valuation of more than \$1 billion.

March 30, 2021

The Issuer's portfolio company TurtleTree Labs Pte. Ltd. has signed an agreement to collaborate with JSBiosciences to create cell culture media at commercial scale.

2. Provide a general overview and discussion of the activities of management.

See Item 1.

3. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law.

Not applicable.

4. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned.

Not applicable.

5. Describe any new business relationships entered into between the Issuer, the Issuer's affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.

March 17, 2021

The Issuer has invested in SIRE Bioscience (CSE: SIRE) ("SIRE"). SIRE is a CPG life science company focused on the plant-based foods and supplements industry. Its products are segmented into three areas: sports nutrition, plant fuel, and plant-based protein.

6. Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer's affiliates or third parties or cancellation of any financing arrangements that have been previously announced.

Not applicable.

7. Describe any acquisitions by the Issuer or dispositions of the Issuer's assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provide details of the relationship.

Not applicable.

8. Describe the acquisition of new customers or loss of customers.

Not applicable.

9. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trademarks.

Not applicable.

10. Report on any employee hirings, terminations or lay-offs with details of anticipated length of lay-offs.

Not applicable.

11. Report on any labour disputes and resolutions of those disputes if applicable.

Not applicable.

12. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.

Not applicable.

13. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness.

Not applicable.

14. Provide details of any securities issued and options or warrants granted.

Security	Number Issued	Details of Issuance	Use of Proceeds
Common shares	727,000	Warrants exercised at	General administrative
		\$0.50 per common share	expenses and working
			capital
Common shares	1,560,000	Stock options exercised	General administrative
		at \$0.50 per common	expenses and working
		share	capital

15. Provide details of any loans to or by Related Persons.

Not applicable.

16. Provide details of any changes in directors, officers or committee members.

Not applicable.

17. Discuss any trends which are likely to impact the Issuer including trends in the Issuer's market(s) or political/regulatory trends.

The Company's primary source of funding is through the issuance of share capital. When the capital markets are depressed, the Company's activity level normally declines accordingly. As capital markets strengthen and the Company is able to secure equity financing with favorable terms, the Company's activity levels and the size and scope of planned projects will typically increase.

<u>Certificate Of Compliance</u>

The undersigned hereby certifies that:

- 1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
- 2. As of the date hereof there were no material information concerning the Issuer which has not been publicly disclosed.
- 3. The undersigned hereby certifies to Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CNSX Policy 1).
- 4. All of the information in this Form 7 Monthly Progress Report is true.

Dated April 8, 2021

Geoff Balderson

Name of Director or Senior Officer

<u>/s/Geoff Balderson</u> Signature

Chief Financial Officer

Official Capacity

Issuer Details Name of Issuer	For Month End	Date of Report YY/MM/DD		
Eat Beyond Global Holdings Inc.	March, 2021	21/04/08		
Issuer Address				
Suite 1000 – 409 Granville Street				
City/Province/Postal Code	Issuer Fax No.	Issuer Telephone No.		
Vancouver, BC V6C 1T2		(604) 602-0001		
Contact Name	Contact Position	Contact Telephone No.		
Geoff Balderson	Chief Financial Officer	(604) 602-0001		
Contact Email Address	Web Site Address	Web Site Address		
gb@harmonycs.ca				