



NEWS RELEASE

MYM Shelves Automatic Securities Disposition Plan

Vancouver, B.C., July 12, 2018 – **MYM Nutraceuticals Inc.**, (CSE: **MYM**) (the “Company” or “**MYM**”) announces it has shelved the automatic securities disposition plan (“ASDP”) which was announced on December 29, 2017. The Company sought relief in relation to certain insider filing requirements in connection with the ASDP through the Process of Exemptive Relief Applications in Multiple Jurisdictions with the British Columbia Securities Commission and the Ontario Securities Commission. While relief was granted on May 2, 2018, the Company has not entered into an administrative agreement with an independent securities broker to put the plan into effect. No Directors or Officers have sold shares under the planned ASDP.

About MYM Nutraceuticals Inc.

MYM Nutraceuticals Inc. is an innovative company focused on acquiring Health Canada licenses to produce and sell high-end medicinal cannabis supplements and topical products. MYM is a shareholder in two production projects in Quebec that are anticipated to have over 1.5 million square feet of production space. MYM is also a shareholder in two additional cannabis production projects in Australia and Colombia. The “Northern Rivers Project” in New South Wales, Australia is expected to have 1.2 million square feet of cannabis production space. In Colombia, MYM partner, Colombia Organica, currently hold a seed to sale license for low THC cannabis and are in the licensing process for the cultivation and production of high THC cannabis extracts. Plans are underway for MYM and Colombia Organica to build a cannabis production facility in the region. To ensure a strong presence and growth potential within the industry, MYM is actively looking to acquire complementary businesses and assets in the technology, nutraceuticals and CBD sectors. MYM shares trade in Canada, Germany and the USA under the following symbols: (CSE:MYM) (OTC:MYMMF) (FRA:0MY) (DEU:0MY) (MUN:0MY) (STU:0MY).

ON BEHALF OF THE BOARD

Rob Gietl, CEO

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