



America's Biggest Wholesale Food Distributor Sysco Corporation Lists Plant Veda's Products.

Fortune Ranked Sysco as the 7th Largest Fortune 500 Company in Texas and 55th largest in the U.S. by Total Revenue

VANCOUVER, British Columbia, Oct. 25, 2021 (GLOBE NEWSWIRE) -- [Plant Veda Foods Ltd.](#) (CSE:MILK) (OTC:PLVFF) (XFRA:A3CS6B) (the "Company" or "Plant Veda"), an award-winning dairy-alternative company, is pleased to announce that retailers and restaurants will be able to access Plant Veda's lassi and creamer product lines through the Sysco Corporation Network.

[Sysco](#), an acronym for **Systems and Services Company**, is the world's largest broadline food distributor with more than 650,000 clients in a wide array of fields.

"Having one of the world's largest food service distributors represent our products stands as an attestation of our products and their quality", stated Mayur Sajjani, Chief Revenue Officer of Plant Veda. "Being able to leverage Sysco's large and well-established supply chain is expected to significantly streamline both the speed and logistics of delivering our products to the thousands of retailers and restaurants Sysco represents, I couldn't be more pleased."

About Plant Veda

[Plant Veda Foods Ltd.](#) has a mission to accelerate humanity's shift to a plant-based lifestyle. They remain clear in their goals, which is to improve the environment and humanity's overall health due to plant-based lifestyles. They have succeeded in creating award-winning plant-based dairy alternatives that are better than the original in terms of health and flavour. Plant Veda continues to shake up the dairy-free market by creating unique, one-of-a-kind products that leave their customers forgetting about dairy to begin with.

Learn more at www.PlantVeda.com.

About Sysco

Sysco, a Fortune 500 company, is the world's largest food distributor with over 650,000 clients serviced through 343 distribution facilities worldwide across 90 countries. For fiscal 2021 that ended July 3, 2021, Sysco generated sales of more than \$51 billion. Sysco is headquartered in Houston, Texas with regional offices in all major Canadian cities, through its subsidiary Sysco Canada.

Visit www.PlantVeda.com/pages/investors

To find Plant Veda products at a location near you, visit www.PlantVeda.com/pages/store-locations

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Forward-Looking Statements

This news release contains “forward-looking information” within the meaning of applicable Canadian securities legislation. Often, but not always, forward-looking information and information can be identified by the use of words such as “plans”, “expects” or “does not expect”, “is expected”, “estimates”, “intends”, “anticipates” or “does not anticipate”, or “believes”, or variations of such words and phrases or state that certain actions, events or results “may”, “could”, “would”, “might” or “will” be taken, occur, or be achieved. Forward-looking information in this news release includes statements regarding the anticipated performance of Plant Veda’s in the dairy-alternative industry, in addition to the following: Potential outcomes from the Sysco products listing. The forward-looking information reflects management’s current expectations based on information currently available and are subject to a number of risks and uncertainties that may cause outcomes to differ materially from those discussed in the forward-looking information. Although the Company believes that the assumptions and factors used in preparing the forward-looking information are reasonable, undue reliance should not be placed on such information and no assurance can be given that such events will occur in the disclosed timeframes or at all. Factors that could cause actual results or events to differ materially from current expectations include: (i) adverse market conditions; (ii) changes to the growth and size of the dairy-alternative markets; and (iii) other factors beyond the control of the Company. The Company operates in a rapidly evolving environment. New risk factors emerge from time to time, and it is impossible for the Company’s management to predict all risk factors, nor can the Company assess the impact of all factors on Company’s business or the extent to which any factor, or combination of factors, may cause actual results to differ from those contained in any forward-looking information. The forward-looking information included in this news release are made as of the date of this news release and the Company expressly disclaims any intention or obligation to update or revise any forward-looking information whether as a result of new information, future events or otherwise, except as required by applicable law.

As each individual is different, the benefits, if any, of taking the Company’s products will vary from person to person. No claims or guarantees can be made as to the effects of the Company’s products on an individual’s health and well-being. The Company’s products are not intended to diagnose, treat, cure, or prevent any disease.

This news release may contain trademarked names of third-party entities (or their respective offerings with trademarked names) typically in reference to (i) relationships had by the Company with such third-party entities as referred to in this release and/or (ii) client/vendor/service provider parties whose relationship with the Company is/are referred to in this release. All rights to such trademarks are reserved by their respective owners or licensees.