

## Eat Beyond Announces Debt Settlement Agreement and Grant of Stock Options

Vancouver, B.C. – May 27, 2022 – Eat & Beyond Global Holdings Inc. (CSE: EATS) (FSE: 988) ("Eat Beyond" or the "Company"), an investment issuer focused on the global plant-based and alternative protein sector has entered into a debt settlement agreement to settle an aggregate of \$185,000 in debt (the "Debt"). In settlement of the Debt, the Company will issue an agreement of 500,000 common shares in the capital of the Company (the "Debt Shares") at a deemed price of \$0.37 per Debt Share (the "Debt Settlement"). The indebtedness related to outstanding fees owing for consulting services provided to the Company.

All securities issued in connection with the Debt Settlement are subject to a statutory hold period of four months plus a day from the date of issuance in accordance with applicable securities legislation.

The Company also announces that it has granted incentive stock options to an employee of the Company to purchase up to 150,000 common shares in the capital of the Company (the "Shares") pursuant to the share option plan of the Company. The stock options have an exercise price of \$0.20 per Share.

## **About Eat & Beyond Global Holdings**

Eat & Beyond Global Holdings Inc. ("Eat & Beyond") (CSE: EATS) (OTCQB: EATBF) (FSE: 988) is an investment issuer that makes it easy to invest in the future of food. Eat & Beyond identifies and makes equity investments in global companies that are developing and commercializing innovative food tech as well as plant-based and alternative food products. Led by a team of food industry experts, Eat & Beyond is the first issuer of its kind in Canada, providing retail investors with the unique opportunity to participate in the growth of a broad cross-section of opportunities in the alternative food sector, and access companies that are leading the charge toward a smarter, more secure food supply. Learn more: <a href="https://eatandbeyond.com/">https://eatandbeyond.com/</a>

Find Eat & Beyond on Social Media on LinkedIn, Instagram, Twitter and Facebook

For media inquiries, please contact: Brittany@Exvera.com

For investment inquiries, please contact: Info@EatandBeyond.com

For further information, please contact Michael Aucoin at Info@EatandBeyond.com or (604) 416-4099

The CSE has neither approved nor disapproved the contents of this news release. Neither the CSE nor its Market Regulator (as that term is defined in the policies of the CSE) accepts responsibility for the adequacy or accuracy of this release.