FORM 7 MONTHLY PROGRESS REPORT

Name of Listed Issuer: Better Plant Sciences Inc. (the "Issuer").

Trading Symbol: PLNT

Number of Outstanding Listed Securities: 19,917,970 common shares (plus 5,115,241 common shares reserved for issuance in the form of 4,097,040 warrants and 1,018,201 options).

Report on Business

1. Provide a general overview and discussion of the development of the Issuer's business and operations over the previous month. Where the Issuer was inactive disclose this fact.

<u>During the month of July 2022, the Issuer continues to provide corporate, bookkeeping, accounting, business development and marketing services to other companies.</u>

2. Provide a general overview and discussion of the activities of management.

Please see Item 1 above.

3. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law.

None.

4. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned:

None.

5. Describe any new business relationships entered into between the Issuer, the Issuer's affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.

None.

6. Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer's affiliates or third parties or cancellation of any financing arrangements that have been previously announced.

None.

7. Describe any acquisitions by the Issuer or dispositions of the Issuer's assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or

the disposition was to a Related Person of the Issuer and provide details of the relationship.

None.

8. Describe the acquisition of new customers or loss of customers.

None.

9. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trade-marks.

None.

10. Report on any employee hirings, terminations or lay-offs with details of anticipated length of lay-offs.

None.

11. Report on any labour disputes and resolutions of those disputes if applicable.

None.

12. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.

An action was filed in the Court of Queen's Bench of Alberta on February 26, 2021 by Brookfield Place (Calgary) LP by its General Partner Brookfield Place (Calgary) GP Inc., as Plaintiff, against CRU Juice Inc. (the "Tenant"), carrying on business as Jusu Bars, Bruce Wayne Mullen, 8931429 Canada Inc. and the Issuer, as Defendants. The claim is made in respect of a dispute regarding termination of a commercial lease for retail space in Brookfield Place Calgary. The Plaintiff seeks to recover compensation in the amount of \$60,000 from the Tenant and wishes to void the purchase of the Jusu Bars assets by the Issuer. A Statement of Defence was filed by the Issuer on April 12, 2021. The Issuer has denied all allegations on the basis that it entered into a commercial transaction to purchase assets from Jusu Bars and has no connection with the Tenant. In the Statement of Defence, the Issuer seeks dismissal of the claim against the Issuer and costs on a solicitor-client basis.

13. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness.

<u>None.</u>

14. Provide details of any securities issued and options or warrants granted.

None.

15. Provide details of any loans to or by Related Persons.

None.

16. Provide details of any changes in directors, officers or committee members.

None.

17.	Discuss any trends which are likely to impact the Issuer including trends in the Issuer's market(s) or political/regulatory trends.
	There are no trends specific to the Issuer at this time.
	FORM 7 MONTHLY PROCEEDED PEROPT

Certificate Of Compliance

The undersigned hereby certifies that:

- 1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
- 2. As of the date hereof there is no material information concerning the Issuer which has not been publicly disclosed.
- 3. The undersigned hereby certifies to the Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CNSX Policy 1).
- 4. All of the information in this Form 7 Monthly Progress Report is true.

Dated August 8, 2022.

Penny White		
Name of Director or Senior Officer		
"Penny White"		
Signature		
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Chief Executive Officer and		
President		
Official Capacity		

Issuer Details Name of Issuer	For Month End	Date of Report YY/MM/DD		
Better Plant Sciences Inc.	July 2022	22/08/08		
Issuer Address Unit 1, 2770 Fraser Street				
City/Province/Postal Code Vancouver, British Columbia V5T 3V7	Issuer Fax No. N/A	Issuer Telephone No. 833.514.2677		
Contact Name Penny White	Contact Position President and CEO	Contact Telephone No. 833.514.2677		
Contact Email Address penny@betterplantsciences.com	Web Site Address www.betterplantsciences.com			