



WELLTEQ STRENGTHENS COLLABORATION WITH GARMIN TO COUNTER NEW COVID SURGES IN THE ASIA PACIFIC REGION

- **Wellteq (CSE.WTEQ) (OTC.WTEQF) has strengthened its collaboration with Garmin® to offer new enterprise wellness solutions in the Asia Pacific region in response to recent COVID-19 surges.**
- **Wellteq's new digital platform focuses on key health indicators to help improve overall wellbeing and increase resistance to COVID-19 with flat-fee, quick-to-launch solutions that include discounted Garmin wearables.**
- **Unique to this collaboration, Wellteq will be extending the solution for free to adult family members of employees as many continue to work from the family home.**

JUNE 23, 2021, Vancouver, British Columbia: Wellteq Digital Health Inc. (CSE:WTEQ) (OTC:WTEQF), (the "Company" or "Wellteq") is pleased to announce the Company has strengthened its collaboration with Garmin®, a leading global provider of smartwatches, fitness trackers, and digital health solutions, to offer new enterprise wellness solutions in the Asia Pacific region in response to recent COVID-19 surges. Wellteq's new digital platform focuses on key health indicators to help improve overall wellbeing and increase resistance to COVID-19 with flat-fee, quick-to-launch solutions that include discounted Garmin wearables, free access for adult family members, and availability in multiple languages.

"Wellteq's digital wellness app, integrated with biometric data from Garmin smartwatches and fitness trackers, helps users identify and improve key health indicators that could lead to increased virus resistance. Through a variety of habit-building programs and personalised health and wellness goals, users improve their general physical and mental wellbeing," said Olly Bridge, Chief Growth Officer of Wellteq.

Wellteq's analytics can help identify relationships between quantifiable biometrics such as Body Mass Index and sleeping patterns that may indicate greater risks associated with contracting COVID-19. Available exclusively on Garmin smartwatches¹, Wellteq's app integrates stress scores, a metric based on heart rate variability, for real time in-app monitoring.

"Garmin is proud to work with Wellteq to offer this valuable resource for companies as they navigate challenges associated with the COVID-19 pandemic," said Karthik Jayaseelan, sales manager for Garmin India. "Wellteq's leading-edge wellness platform leverages sensor data and analytics from Garmin smartwatches and fitness trackers to create a personalized engagement solution that can help people stay healthy and take care of themselves, which is essential at this time."

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Family Members Included for Free for First Time

Unique to this collaboration, Wellteq will be extending the solution for free to adult family members of employees, as many continue to work from the family home. The complimentary offer provides broader coverage and wellness benefits to the entire family to promote healthy living and safe physical activity within restrictive environments as many countries go back into or remain in various states of lockdowns.

“Wellteq is proud to extend the impact that we can have with our world-class digital health platform by offering it to spouses for free,” Mr. Bridge stated. “The research is clear that the actions and behaviours of our loved ones has a dramatic impact on our own health behaviours, so allowing spouses to share the experience and feel the benefit of our wellness programs is extremely powerful. During difficult times, such as those that the COVID-19 pandemic has brought with it, it is imperative that we support and nudge people to make the right health choices to help maintain their resilience. I can’t think of a better company than Garmin to help us with this mission.”

The latest Wellteq wellness solution also provides health analytics for HR professionals and senior business leaders across India, Malaysia, Thailand, and Philippines, including:

- a flat-fee, quick-to-launch solution that includes a discounted Garmin wearable and baseline analytics dashboard for company-wide support and cohort risk evaluation.
- an unrivalled mobile-first app offered in 13 regional languages.
- a digital wellness solution that also offers offline solutions as part of Wellteq’s extensive global network of partners in fitness, nutrition and physical activity to help keep employees physically active.

¹ *Garmin wearables are not designed or intended to monitor or diagnose diseases or other conditions.*

About Garmin Health

[Garmin Health](#) provides custom enterprise business solutions that leverage Garmin’s extensive wearable portfolio and high-quality sensor data for applications in the corporate wellness, population health, and patient monitoring markets. As part of a global company that designs, manufactures and ships products worldwide, Garmin Health supports its customers’ commerce and logistics needs, allowing enterprises to scale with a single, trusted partner. For more information, visit garmin.com/health, email media.relations@garmin.com, or connect with us at linkedin.com/garmin, twitter.com/garminnews, instagram.com/garminwellness or facebook.com/garmin.

About Wellteq Digital Health Inc.

[Wellteq Digital Health Inc.](#) is a leading provider of corporate wellness solutions developed to provide data-driven personalized health and wellness coaching to engage its users in healthier behaviours. As an enterprise (business-to-business) model, Wellteq currently has two main sectors of customers: employers and insurance companies. Wellteq has secured a large multinational portfolio of customers, including UBS, DBS and Bupa Insurance, and reseller partners, like Willis Towers Watson, Advanced Human Imaging and Garmin. Wellteq is developing its newly acquired Internet of Medical Things (IoMT) platform for virtual care applications which will extend the Wellteq continuum of care from preventative wellness through to virtual healthcare.

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Cautionary Note Regarding Forward-Looking Statements:

This news release contains information or statements that constitute “forward-looking statements.” Such forward looking statements involve known and unknown risks, uncertainties and other factors that may cause actual results, performance or achievements, or developments to differ materially from the anticipated results, performance or achievements expressed or implied by such forward-looking statements. Forward-looking statements are statements that are not historical facts and are generally, but not always, identified by words such as “expects,” “plans,” “anticipates,” “believes,” “intends,” “estimates,” “projects,” “potential” and similar expressions, or that events or conditions “will,” “would,” “may,” “could” or “should” occur.

Forward looking information may include, without limitation, statements regarding the operations, business, financial condition, expected financial results, performance, prospects, opportunities, priorities, targets, goals, ongoing objectives, milestones, strategies and outlook of Wellteq, and includes statements about, among other things, future developments and the future operations, strengths and strategies of Wellteq. Forward-looking information is provided for the purpose of presenting information about management’s current expectations and plans relating to the future and readers are cautioned that such statements may not be appropriate for other purposes. These statements should not be read as guarantees of future performance or results.

The forward-looking statements made in this news release are based on management’s assumptions and analysis and other factors that may be drawn upon by management to form conclusions and make forecasts or projections, including management’s experience and assessments of historical trends, current conditions and expected future developments. Although management believes that these assumptions, analyses and assessments are reasonable at the time the statements contained in this news release are made, actual results may differ materially from those projected in any forward-looking statements. Examples of risks and factors that could cause actual results to materially differ from forward-looking statements may include: the timing and unpredictability of regulatory actions; regulatory, legislative, legal or other developments with respect to its operations or business; limited marketing and sales capabilities; early stage of the industry and product development; limited products; reliance on third parties; unfavourable publicity or consumer perception; general economic conditions and financial markets; the impact of increasing competition; the loss of key management personnel; capital requirements and liquidity; access to capital; the timing and amount of capital expenditures; the impact of COVID-19; shifts in the demand for Wellteq’s products and the size of the market; patent law reform; patent litigation and intellectual property; conflicts of interest; and general market and economic conditions.

The forward-looking information contained in this news release represents the expectations of Wellteq as of the date of this news release and, accordingly, is subject to change after such date. Readers should not place undue importance on forward-looking information and should not rely upon this information as of any other date. Wellteq

undertakes no obligation to update these forward-looking statements in the event that management's beliefs, estimates or opinions, or other factors, should change.

The CSE has neither approved nor disapproved the contents of this news release.