



WELLTEQ INTEGRATES WITH GARMIN AND UFIT FOR HYBRID CORPORATE HEALTH & WELLNESS SOLUTION

- **Wellteq (CSE:WTEQ), Garmin (NASDAQ:GRMN) and Singapore health and fitness leader UFIT, integrate for hybrid employee health and wellness solution**
- **This comprehensive health and wellness experience offers market leading support to employees returning to an office working environment by integrating onsite and virtual fitness classes, Garmin® wearable data into digital health coaching, gamification, rewards and health challenges through the Wellteq digital wellness platform**
- **This three-way proposition has commenced in Singapore and been validated with its first corporate customer, with plans to expand the offering throughout Asia Pacific and other territories**

April 27, 2021, Vancouver, British Columbia: Wellteq Digital Health Inc. (CSE: WTEQ), (the “Company” or Wellteq”), is pleased to announce the Company has launched a comprehensive health and wellness solution in cooperation with Garmin International, Inc., a unit of Garmin (NASDAQ:GRMN) and Singapore health and fitness leader UFIT.

As employers in a growing number of countries are welcoming their employees back to office environments, they can now take innovative approaches to helping protect the health of their staff with a range of individual wellbeing and organizational benefits. The combined services of Wellteq’s employee wellness platform, Garmin wearables and UFIT’s virtual and in-person health and fitness services - including group classes and 1:1 training sessions - caters to almost all employee wellness preferences and needs. Supporting the health and wellbeing of employees has never been more important as we return to a new normalcy and start to recover from the COVID-19 pandemic.

Wellteq CEO, Scott Montgomery, stated, “Corporate wellness has long been offered in silos, but we’re now able to integrate analog fitness services with Wellteq’s digital wellness platform and Garmin wearables for a hybrid solution that meets the needs of everyone. Some people prefer exercise in a group setting for motivation, while others prefer to exercise at home for privacy. However, almost everyone wants insights based on data from their wearable. Garmin wearables are renowned for their best-in-class quality hardware and data. Wellteq is delighted to integrate its platform with Garmin and UFIT for a truly holistic offering. Thanks to Wellteq’s privacy settings, we can share anonymized, data-driven insights to our client administrator and optimize the offering for client

www.wellteq.co

employees. It is a win-win for everyone. We are extremely excited at the prospects this combined platform offers across the region and internationally.”

“We are excited about the expansion of Wellteq’s platform to incorporate more Garmin wearable data via integration of the Health API, from activity details, steps, sleep, heart rate and stress,” said Karthik Jayaseelan, Garmin’s South East Asia & India Sales Manager. “This new platform will help employees manage their wellbeing and track their personal progress through training sessions.”

UFIT CEO Will Skinner stated, “We are enormously excited to have launched this groundbreaking corporate initiative, especially during a time with so many ‘unknowns’. Throughout the whole process, it was essential that we stayed true to our vision of housing the world’s most vibrant health and fitness community, and via our integrated approach combining: Wellteq’s 24/7 connectivity, Garmin’s supreme health data, and our gym facility and community management experience, we have been able to build a holistic programme that is now thriving in the ever-adjusting office environment we see today.”

About Wellteq Digital Health Inc.

Wellteq Digital Health Inc. is a leading provider of corporate wellness solutions developed to provide data-driven personalized health and wellness coaching to engage its users in healthier behaviours. As an enterprise (business-to-business) model, Wellteq currently has two main sectors of customers: employers and insurance companies. Wellteq has secured a large multinational portfolio of customers, including UBS, DBS and Bupa Insurance, and reseller partners, like Willis Towers Watson, Advanced Human Imaging and Garmin. Wellteq is developing its newly acquired Internet of Medical Things (IoMT) platform for virtual care applications which will extend the Wellteq continuum of care from preventative wellness through to virtual healthcare.

About UFIT

UFIT is a team of over 100 full time expert coaches, clinicians and trainers working across its three core pillars of fitness, health and sports. Over 12 years of operation UFIT has refined its integrated approach at the cutting edge of the B2C market in Asia. UFIT is now bringing their unique approach to the corporate wellness market, holding international contracts with the likes of LinkedIn, Grab, Spotify and Autodesk.

About Garmin Health.

[Garmin Health](#) provides custom enterprise business solutions that leverage Garmin’s extensive wearable portfolio and high-quality sensor data for applications in the corporate wellness, population health, and patient monitoring markets. As part of a global company that designs, manufactures and ships products worldwide, Garmin Health supports its customers’ commerce and logistics needs, allowing enterprises to scale with a single, trusted partner. For more information, visit garmin.com/health, email media.relations@garmin.com, or connect with us at linkedin.com/garmin, twitter.com/garminnews, instagram.com/garminwellness or facebook.com/garmin.

Wellteq Investor Contact:

Glen Akselrod
Bristol Investor Relations
E: glen@bristolir.com
T: (905) 326-1888

www.wellteq.co

Cautionary Note Regarding Forward-Looking Statements:

This news release contains information or statements that constitute “forward-looking statements.” Such forward looking statements involve known and unknown risks, uncertainties and other factors that may cause actual results, performance or achievements, or developments to differ materially from the anticipated results, performance or achievements expressed or implied by such forward-looking statements. Forward-looking statements are statements that are not historical facts and are generally, but not always, identified by words such as “expects,” “plans,” “anticipates,” “believes,” “intends,” “estimates,” “projects,” “potential” and similar expressions, or that events or conditions “will,” “would,” “may,” “could” or “should” occur.

Forward looking information may include, without limitation, statements regarding the operations, business, financial condition, expected financial results, performance, prospects, opportunities, priorities, targets, goals, ongoing objectives, milestones, strategies and outlook of Wellteq, and includes statements about, among other things, future developments and the future operations, strengths and strategies of Wellteq. Forward-looking information is provided for the purpose of presenting information about management’s current expectations and plans relating to the future and readers are cautioned that such statements may not be appropriate for other purposes. These statements should not be read as guarantees of future performance or results.

The forward-looking statements made in this news release are based on management’s assumptions and analysis and other factors that may be drawn upon by management to form conclusions and make forecasts or projections, including management’s experience and assessments of historical trends, current conditions and expected future developments. Although management believes that these assumptions, analyses and assessments are reasonable at the time the statements contained in this news release are made, actual results may differ materially from those projected in any forward-looking statements. Examples of risks and factors that could cause actual results to materially differ from forward-looking statements may include: the timing and unpredictability of regulatory actions; regulatory, legislative, legal or other developments with respect to its operations or business; limited marketing and sales capabilities; early stage of the industry and product development; limited products; reliance on third parties; unfavourable publicity or consumer perception; general economic conditions and financial markets; the impact of increasing competition; the loss of key management personnel; capital requirements and liquidity; access to capital; the timing and amount of capital expenditures; the impact of COVID-19; shifts in the demand for Wellteq’s products and the size of the market; patent law reform; patent litigation and intellectual property; conflicts of interest; and general market and economic conditions.

The forward-looking information contained in this news release represents the expectations of Wellteq as of the date of this news release and, accordingly, is subject to change after such date. Readers should not place undue importance on forward-looking information and should not rely upon this information as of any other date. Wellteq undertakes no obligation to update these forward-looking statements in the event that management’s beliefs, estimates or opinions, or other factors, should change.

The CSE has neither approved nor disapproved the contents of this news release.