

FORM 7

MONTHLY PROGRESS REPORT

Name of Listed Issuer: ParcelPal Technology Inc. (the "Issuer").

Trading Symbol: PKG

Number of Outstanding Listed Securities: 112,752,420

Date: February 2021

This Monthly Progress Report must be posted before the opening of trading on the fifth trading day of each month. This report is not intended to replace the Issuer's obligation to separately report material information forthwith upon the information becoming known to management or to post the forms required by Exchange Policies. If material information became known and was reported during the preceding month to which this report relates, this report should refer to the material information, the news release date and the posting date on the Exchange website.

This report is intended to keep investors and the market informed of the Issuer's ongoing business and management activities that occurred during the preceding month. Do not discuss goals or future plans unless they have crystallized to the point that they are "material information" as defined in the Policies. The discussion in this report must be factual, balanced and non-promotional.

General Instructions

- (a) Prepare this Monthly Progress Report using the format set out below. The sequence of questions must not be altered nor should questions be omitted or left unanswered. The answers to the items must be in narrative form. State when the answer to any item is negative or not applicable to the Issuer. The title to each item must precede the answer.
- (b) The term "Issuer" includes the Issuer and any of its subsidiaries.
- (c) Terms used and not defined in this form are defined or interpreted in Policy 1 – Interpretation and General Provisions.

Report on Business

1. Provide a general overview and discussion of the development of the Issuer's business and operations over the previous month. Where the Issuer was inactive disclose this fact.

On February 2, 2021, The Issuer issued 2,756,250 shares pursuant to the conversion of USD \$165,375 of principal and interest of an unsecured convertible note issued September 29, 2020 as more particularly described in Item 14 herein.

On February 8, 2021, the Issuer reported that for the month of January 2021, it achieved approximately \$502,000 CAD in gross revenue, which is nearly 20% higher than January 2020. This is important because January is typically one of the slowest months of the year for the Issuer. Equally important, the Issuer continues to see improved operating performance as it recorded a breakeven bottom-line performance for the month of January 2021,

compared to a six-figure net loss in January 2020. This comes on the heels of three consecutive months of profitability in October, November, and December 2020, being the first three profitable months in the history of the Issuer.

On February 9, 2021, the Issuer issued 100,000 shares pursuant to the exercise of options and 100,000 shares pursuant to the exercise of warrants as more particularly described in Item 14 herein.

On February 11, 2021, the Issuer issued 497,000 shares pursuant to the exercise of warrants as more particularly described in Item 14 herein.

On February 16, 2021, the Issuer issued 60,000 shares pursuant to the exercise of warrants as more particularly described in Item 14 herein.

On February 17, 2021, The Issuer issued 1,378,125 shares pursuant to the conversion of USD \$82,687.50 of principal and interest of an unsecured convertible note issued September 29, 2020 as more particularly described in Item 14 herein.

2. Provide a general overview and discussion of the activities of management.

The Issuer is a technology-driven logistics company that connects consumers to the goods they love. Customers can shop at partner businesses and through the Issuer's technology can receive their purchased goods within an hour or the same day. The Issuer offers on-demand delivery of merchandise from leading retailers, restaurants, medical marijuana dispensaries, pharmacies and liquor stores in Vancouver, Calgary, Edmonton, Toronto and soon in major cities Canada-wide.

Management continues executing its strategic plan, attracting potential partnerships and looking at further city expansions. Management has been reinvesting into its technology platform and has begun to scale its services across Canada and now into the United States.

3. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law.

The Issuer continues its operations in British Columbia and Alberta and expanded its footprint with Amazon covering more areas and delivering more packages across the Lower Mainland and British Columbia. The Issuer has now expanded to Ontario, with Toronto being the first city, starting with its courier services, with its on demand marketplace to follow.

The Issuer provides same day and next day delivery services for Body Energy's vitamin and nutritional supplements to customers in Vancouver, British Columbia and surrounding areas to start, with other cities to follow.

The Issuer has a contactless delivery program, as an option to better allow handling of all items that mitigates any potential exposure to COVID-19 for all parties involved with the transactions.

The Issuer has entered into a delivery and fulfilment agreement for pharmaceuticals and

COVID-19 supplies including test kits in British Columbia, Alberta and Ontario with potential access to over 40 pharmacies nationwide. Customers will have access to on-demand and same day delivery for all their pharmaceutical needs through this strategic partnership. The integration process is being tested in Vancouver. The initiative will launch in BC then Alberta and Ontario shortly thereafter.

The program will work within all provinces, allowing patients to upload a photo of their paper prescription, pay their co-pay, have a video visit with a pharmacist, and schedule delivery to any location of their choosing. If people prefer not to use technology, they also have the option to do the entire process over the phone. On the physician's end, they have access to an analytics platform where they can track prescription status, insurance approvals and delivery confirmation.

4. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned.

None

5. Describe any new business relationships entered into between the Issuer, the Issuer's affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.

None

6. Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer's affiliates or third parties or cancellation of any financing arrangements that have been previously announced.

None

7. Describe any acquisitions by the Issuer or dispositions of the Issuer's assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provide details of the relationship.

None

8. Describe the acquisition of new customers or loss of customers.

The Issuer has increased operations for COVID-19. The Issuer has had a significant uptick in total deliveries as a result of an increased number of vendors that are being serviced as well as an increase in the Issuer's active user base. In addition, the Issuer has opened higher radiuses of delivery for clients and vendors.

9. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trade-marks.

The Issuer continued marketing initiatives designed to develop and enhance the ParcelPal brand in Vancouver, Calgary, Edmonton, Toronto and soon in major cities Canada-wide.

10. Report on any employee hirings, terminations or lay-offs with details of anticipated length of lay-offs.

N/A

11. Report on any labour disputes and resolutions of those disputes if applicable.

N/A

12. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.

None

13. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness.

None

14. Provide details of any securities issued and options or warrants granted.

On February 2, 2021, The Issuer issued 2,756,250 shares pursuant to the conversion of USD \$165,375 of principal and interest of an unsecured convertible note issued September 29, 2020 at a conversion price of USD \$0.06 per share.

On February 9, 2021, the Issuer issued 100,000 shares pursuant to the exercise of options at a price of \$0.09 per share and 100,000 shares pursuant to the exercise of warrants at a price of \$0.15 per share.

On February 11, 2021, the Issuer issued 497,000 shares pursuant to the exercise of warrants at a price of \$0.15 per share.

On February 16, 2021, the Issuer issued 60,000 shares pursuant to the exercise of warrants at a price of \$0.15 per share.

On February 17, 2021, The Issuer issued 1,378,125 shares pursuant to the conversion of USD \$82,687.50 of principal and interest of an unsecured convertible note issued September 29, 2020 at a conversion price of USD \$0.06 per share.

15. Provide details of any loans to or by Related Persons.

None

16. Provide details of any changes in directors, officers or committee members.

None

17. Discuss any trends which are likely to impact the Issuer including trends in the Issuer's market(s) or political/regulatory trends.

There has been a global pandemic outbreak of COVID-19. The actual and threatened spread of the virus globally has had a material adverse effect on the global economy and, specifically, the regional economies in which the Issuer operates. The pandemic could continue to have a negative impact on the stock market, including trading prices of the Issuer's shares and its ability to raise new capital. These factors, amongst others, could have a significant impact on the Issuer's operations. As a result, there exists material uncertainty that casts significant doubt about the Issuer's ability to continue as a going concern.

The ongoing COVID-19 pandemic has resulted in a greater number of people working and/or staying at home, resulting in an increase in demand for same day and on-demand delivery services.

Certificate Of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to the Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CNSX Policy 1).
4. All of the information in this Form 7 Monthly Progress Report is true.

Dated March 4, 2021.

Rich Wheeless
Name of Director or Senior Officer

“Rich Wheeless”
Signature

CEO
Official Capacity

Issuer Details <i>Name of Issuer</i>	<i>For Month End</i>	<i>Date of Report</i> YY/MM/DD
ParcelPal Technology Inc.	February 2021	21/03/04
<i>Issuer Address</i>		
190 Alexander St., Suite 305		
<i>City/Province/Postal Code</i>	<i>Issuer Fax No.</i>	<i>Issuer Telephone No.</i>
Vancouver, BC V6A 2S5	N/A	N/A
<i>Contact Name</i>	<i>Contact Position</i>	<i>Contact Telephone No.</i>
Rich Wheeless	CEO	614-395-7778
<i>Contact Email Address</i>	<i>Web Site Address</i>	
rich@parcelpal.com	http://www.parcelpal.com	