

FORM 11

NOTICE OF PROPOSED STOCK OPTION GRANT OR AMENDMENT

Name of Listed Issuer: ParcelPal Technology Inc. (the "Issuer").

Trading Symbol: PKG

Date: January 25, 2021

1. New Options Granted:

Date of Grant: January 22, 2021

Name of Optionee	Position (Director/ Officer/ Employee/ Consultant/ Management Company)	Insider Yes or No?	No. of Optioned Shares	Exercise Price	Expiry Date	No. of Options Granted in Past 12 Months
Rich Wheelless	Director	Y	1,000,000	0.145	January 22, 2026	3,000,000
Brian Storseth	Director	Y	500,000	0.145	January 22, 2026	1,500,000
Robert Faissal	Director	Y	250,000	0.145	January 22, 2026	950,000
Alex Nuttall	Director	Y	250,000	0.145	January 22, 2026	850,000
			2,000,000			

Total Number of optioned shares proposed for acceptance: 2,000,000.

2. Other Presently Outstanding Options:

Name of Optionee	No. of Optioned Shares⁽¹⁾	Exercise Price	Original Date of Grant	Expiry Date
Imtiaz Ahmed	100,000	\$0.10	Nov. 17, 2017	Nov. 14, 2022
Gerry Grey	50,000	\$0.10	Nov. 17, 2017	Nov. 14, 2022
Mark Mcleary	350,000	\$0.18	Nov. 28, 2017	Nov. 28, 2022
David Langlias	200,000	\$0.18	Nov. 28, 2017	Nov. 28, 2022
Fat Pitch Capital Corp.	250,000	\$0.315	Jan. 23, 2018	Jan. 23, 2023
Gerry Grey	200,000	\$0.315	Jan. 23, 2018	Jan. 23, 2023

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Name of Optionee	No. of Optioned Shares⁽¹⁾	Exercise Price	Original Date of Grant	Expiry Date
Vikas Ranjan	500,000	\$0.24	May 1, 2018	May 1, 2023
Virginia Johnson	25,000	\$0.20	Jun. 28, 2018	Jun. 28, 2023
Charles McGee	300,000	\$0.21	Aug. 15, 2018	Aug. 15, 2023
Katelyn Stratichuk	100,000	\$0.21	Aug. 15, 2018	Aug. 15, 2023
Amel Storseth	200,000	\$0.27	Aug. 31, 2018	Aug. 31, 2023
Benjamin Thomas Lobb	100,000	\$0.26	Nov. 22, 2018	Nov. 22, 2023
Matthew Henley	50,000	\$0.26	Nov. 22, 2018	Nov. 22, 2023
Brian Storseth	750,000	\$0.25	Dec. 13, 2018	Dec. 03, 2023
Ben Lobb	50,000	\$0.27	May 02, 2019	May 02, 2024
Parmjit Gill	50,000	\$0.27	May 02, 2019	May 02, 2024
Robert Faissal	50,000	\$0.27	May 02, 2019	May 02, 2024
Socrates Capital Corp.	200,000	\$0.245	May 27, 2019	May 27, 2024
Scott Pitman	150,000	\$0.245	Jun. 17, 2019	Jun. 17, 2024
Thomas Degroot	150,000	\$0.245	Jun. 17, 2019	Jun. 17, 2024
Rich Wheeless	1,000,000	\$0.09	May 6, 2020	May 6, 2025
Brian Storseth	500,000	\$0.09	May 6, 2020	May 6, 2025
Robert Faissal	400,000	\$0.09	May 6, 2020	May 6, 2025
Alex Nuttall	300,000	\$0.09	May 6, 2020	May 6, 2025
Aziz Rehman	250,000	\$0.09	May 6, 2020	May 6, 2025
Donna Moroney	200,000	\$0.09	May 6, 2020	May 6, 2025
Summer Senter	25,000	\$0.09	May 6, 2020	May 6, 2025
Charles McGee	250,000	\$0.14	June 1, 2020	June 1, 2025
Nausheen Alam	100,000	\$0.09	July 22,-2020	July 22, 2025
Pooya Tazeh-Zadeh	100,000	\$0.09	July 22,-2020	July 22, 2025
Amirali Soltaniseresht	100,000	\$0.09	July 22,-2020	July 22, 2025
Raymond Moen	100,000	\$0.09	July 22,-2020	July 22, 2025
Rich Wheeless	1,000,000	\$0.075	Nov 12, 2020	Nov 12, 2025
Brian Storseth	500,000	\$0.075	Nov 12, 2020	Nov 12, 2025
Robert Faissal	300,000	\$0.075	Nov 12, 2020	Nov 12, 2025
Alex Nuttall	300,000	\$0.075	Nov 12, 2020	Nov 12, 2025
Total	9,250,000			

(1) Set out number of optioned shares for each grant with different terms.

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3. Additional Information

- (a) If shareholder approval was required for the grant of options (including prior approval of a stock option plan), state the date that the shareholder meeting approving the grant was or will be held.

N/A

- (b) State the date of the news release announcing the grant of options.

N/A

- (c) State the total issued and outstanding share capital at the date of grant or amendment. **107,861,045**

- (d) State, as a percentage of the issued and outstanding shares of the Issuer indicated in (c) above, the aggregate number of shares that are subject to incentive stock options, including new options, amended options and other presently outstanding options. **10.43%**

- (e) If the new options are being granted pursuant to a stock option plan, state the number of remaining shares reserved for issuance under the plan. **2,019,142**

- (f) If the Issuer has completed a public distribution of its securities within 90 days of the date of grant, state the per share price paid by the public investors. N/A

- (g) Describe the particulars of any proposed material changes in the affairs of the Issuer.

4. Certificate of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to the Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CNSX Policy 1).

4. All of the information in this Form 11 Notice of Proposed Stock Option Grant or Amendment is true.

Dated January 25, 2021.

Rich Wheeless
Name of Director or Senior Officer

"Rich Wheeless"
Signature

CEO
Official Capacity