

FORM 11

NOTICE OF STOCK OPTION GRANT

Name of Listed Issuer: Better Plant Sciences Inc. (the "Issuer").

Trading Symbol: PLNT

Date: October 22, 2021

1. New Options Granted:

Date of Grant: October 22, 2021

Name of Optionee	Position (Director/ Officer/ Employee/ Consultant/ Management Company)	Insider Yes or No?	No. of Optioned Shares	Exercise Price	Expiry Date ⁽¹⁾	No. of Options Granted in Past 12 Months
Officer Grant	Officer	Y	400,000	\$0.10	October 22, 2026	100,000
Total			400,000			

Note:

- (1) Or earlier in accordance with the Issuer's incentive stock option plan (the "Plan"). The Plan states that if a director, officer, employee or consultant ceases to be engaged by the Issuer for any reason other than death, such director, officer, employee or consultant shall have the right to exercise any vested options granted to him and not exercised prior to such termination within 90 days after the date of termination, or such shorter period as may be set out in his written agreement.

Total Number of optioned shares proposed for acceptance: **400,000**.

2. Other Presently Outstanding Options:

Name of Optionee	No. of Optioned Shares ⁽¹⁾	Exercise Price	Original Date of Grant	Expiry Date ⁽¹⁾
Director	750,000	\$0.15	January 8, 2018	January 8, 2023
Employee	200,000	\$0.40	January 30, 2018	January 30, 2023
Officer	1,000,000	\$0.40	February 16, 2018	February 16, 2023
Various Employees, Consultants, Directors and Officers	400,000	\$0.40	February 28, 2018	February 28, 2023

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Consultant	40,000	\$0.40	March 22, 2018	March 22, 2023
Consultant	25,000	\$0.50	June 21, 2018	June 21, 2023
Employees, Consultants, Directors and Officers	15,800	\$0.25	August 15, 2018	August 15, 2023
Employees, Consultants, Directors and Officers	10,000	\$0.23	December 17, 2018	December 17, 2023
Employees, Consultants, Directors and Officers	150,000	\$0.51	January 8, 2019	January 8, 2024
Consultant and Employees	1,075,000	\$0.62	January 31, 2019	January 31, 2024
Employees, Consultants, Directors and Officers	900,000	\$0.78	February 21, 2019	February 21, 2024
Employees and Consultants	150,000	\$0.73	March 5, 2019	March 5, 2024
Employees, Consultants, and Officers	108,000	\$0.62	April 2, 2019	April 2, 2024
Consultants and Employees	356,800	\$0.70	April 16, 2019	April 16, 2024
Consultants	600,000	\$0.69	April 29, 2019	April 29, 2024
Employee	80,000	\$0.62	May 7, 2019	May 7, 2024
Employee	125,028	\$0.57	May 13, 2019	May 13, 2024
Consultant and Employee	70,000	\$0.31	June 24, 2019	June 24, 2024
Consultant	40,000	\$0.27	September 12, 2019	September 12, 2024
Consultant and Employee	100,000	\$0.25	October 10, 2019	October 10, 2024
Director, Officers, Consultants, and Employees	168,000	\$0.28	November 28, 2019	November 28, 2024
Employees and Consultants	100,000	\$0.245	December 9, 2019	December 9, 2024
Directors and Officers	500,000	\$0.195	January 2, 2020	January 2, 2025
Director	400,000	\$0.28	January 13, 2020	January 13, 2025
Consultant	200,000	\$0.285	January 15, 2020	January 15, 2025
Director, Officers, Consultants, and Employees	470,000	\$0.21	March 2, 2020	March 2, 2025
Consultant	100,000	\$0.17	April 22, 2020	April 22, 2026
Director and Employee	220,000	\$0.15	May 25, 2020	May 25, 2025
Employee	50,000	\$0.14	June 9, 2020	June 9, 2025
Employee	100,000	\$0.12	June 19, 2020	June 19, 2025

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Employee	30,000	\$0.10	July 2, 2020	July 25, 2025
Directors	750,000	\$0.10	July 31, 2020	July 31, 2025
Employee	200,000	\$0.10	September 16, 2020	September 16, 2025
Directors	500,000	\$0.10	October 9, 2020	October 9, 2025
Employees and Consultant	500,000	\$0.10	November 19, 2020	November 19, 2025
Directors, Officers, Consultants, and Employees	4,100,000	\$0.17	December 17, 2020	December 17, 2025
Consultants and Employees	1,155,000	\$0.15	February 17, 2021	February 17, 2026
Directors, Officers, and Consultants	1,675,000	\$0.13	February 26, 2021	February 26, 2026
Employee	100,000	\$0.10	June 15, 2021	June 15, 2026
Total:	17,513,628			

Note:

(1) Please see footnote to the table in item 1.

3. Additional Information

- (a) If shareholder approval was required for the grant of options (including prior approval of a stock option plan), state the date that the shareholder meeting approving the grant was or will be held. Shareholder approval was not required.
- (b) State the date of the news release announcing the grant of options. Not applicable.
- (c) State the total issued and outstanding share capital at the date of grant or amendment. 195,409,577
- (d) State, as a percentage of the issued and outstanding shares of the Issuer indicated in (c) above, the aggregate number of shares that are subject to incentive stock options, including new options, amended options and other presently outstanding options. 9.17% consisting of the 400,000 new options and 17,513,628 presently outstanding options.
- (e) If the new options are being granted pursuant to a stock option plan, state the number of remaining shares reserved for issuance under the plan. The Plan does not state a maximum number of shares that may be reserved for issuance, so there are an unlimited number of shares reserved for issuance under the Plan.

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- (f) If the Issuer has completed a public distribution of its securities within 90 days of the date of grant, state the per share price paid by the public investors.
Not applicable.
- (g) Describe the particulars of any proposed material changes in the affairs of the Issuer. Not applicable.

4. Certificate of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to the Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CNSX Policy 1).
4. All of the information in this Form 11 Notice of Proposed Stock Option Grant or Amendment is true.

Dated October 22, 2021.

Penny White
Name of Director or Senior
Officer

"Penny White"
Signature

President and CEO
Official Capacity