

FORM 7

MONTHLY PROGRESS REPORT

Name of CNSX Issuer: **Lions Gate Metals Inc.** (the “Company” or the “Issuer” or “Lions Gate”).

Trading Symbol: **LGM**

Number of Outstanding Listed Securities: **7,036,921**

Date: **August 4, 2016**

Report on Business

1. Provide a general overview and discussion of the development of the Issuer’s business and operations over the previous month. Where the Issuer was inactive disclose this fact.

Lions Gate is a junior mineral exploration company engaged in the business of acquisition, exploration and evaluation of natural resource properties in North America. At present, Lions Gate is an exploration stage company with no current operating income cash flow or revenues. There is no assurance that a commercially viable mineral deposit exists on any of Lions Gate’s mineral properties. None of its current properties have any known or identified mineral reserves or (other than the Poplar Property) mineral resources.

Lions Gate continues to pursue the acquisition, exploration and evaluation of natural resource properties in North America. Currently in order to conserve its resources it is specifically pursuing other avenues by which it can further develop or receive economic compensation relating to the resources on the Poplar Property. In order to conserve its financial resources, the Company is investigating other avenues, which may provide an economic benefit from the resources at the Poplar Property.

2. Provide a general overview and discussion of the activities of management.
N/A
3. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law.
N/A
4. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production

programs that have been amended or abandoned.

N/A

5. Describe any new business relationships entered into between the Issuer, the Issuer's affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.

N/A

6. Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer's affiliates or third parties or cancellation of any financing arrangements that have been previously announced.

N/A

7. Describe any acquisitions by the Issuer or dispositions of the Issuer's assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provide details of the relationship.

On June 25, 2016, the Company received \$4,135.00 in proceeds from the sale of an aggregate of 75,000 common shares of Aldever Resources Inc.

8. Describe the acquisition of new customers or loss of customers.

N/A

9. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trademarks.

N/A

10. Report on any employee hirings, terminations or lay-offs with details of anticipated length of lay-offs.

N/A

11. Report on any labour disputes and resolutions of those disputes if applicable.

N/A

12. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.

N/A

13. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness.

N/A

14. Provide details of any securities issued and options or warrants granted.

N/A

Security	Number Issued	Details of Issuance	Use of Proceeds⁽¹⁾

(1) State aggregate proceeds and intended allocation of proceeds.

15. Provide details of any loans to or by Related Persons.

N/A

16. Provide details of any changes in directors, officers or committee members.

N/A

17. Discuss any trends which are likely to impact the Issuer including trends in the Issuer's market(s) or political/regulatory trends.

N/A

Certificate Of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there were is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to CNSX that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all CNSX Requirements (as defined in CNSX Policy 1).
4. All of the information in this Form 7 Monthly Progress Report is true.

Dated August 4, 2016

Samantha Stewart
Name of Director or Senior
Officer

/s/ "Samantha Stewart"
 Signature
CFO
 Official Capacity

Issuer Details		For Month	Date of Report
Name of Issuer		End	YY/MM/DD
Lions Gate Metals Inc.		July 2016	16/08/04
Issuer Address			
Suite 313 – 515 W. Pender Street			
City/Province/Postal Code		Issuer Fax No.	Issuer Telephone No.
Vancouver, BC, V6B 6H5		(604) 681-0014	(604) 681-0004
Contact Name		Contact Position	Contact Telephone No.
Anita Algie		Director	(604) 681-0004
Contact Email Address		Web Site Address	
anita.venturecapital@gmail.com		n/a	