FORM 7

MONTHLY PROGRESS REPORT

Name of Listed Issuer: **HARRYS MANUFACTURING INC.** (**the** "**Company**")

Trading Symbol: **HARY**

Number of Outstanding Listed Securities: **95,136,126**

Date: **March 15, 2023**

Report on Business

1. Provide a general overview and discussion of the development of the Issuer's business and operations over the previous month. Where the Issuer was inactive disclose this fact.

   During the month of February, the Company placed new orders for retail customers in BC and Alberta, the latter representing our first orders for that province. Management expects the product to be manufactured and distributed to new Alberta customers within the month.

2. Provide a general overview and discussion of the activities of management.

   Cindy Ieong assumed her new role as the Company's new Chief Financial Officer and Corporate Secretary. Cindy also joined her first board meeting as a member of the Board of Directors. Daniel Polos submitted his resignation from the Company's Board of Directors, effective February 28, 2023.

3. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law.

   None to report during the month of February 2023.

4. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned.

   None to report during the month of February 2023.

5. Describe any new business relationships entered into between the Issuer, the Issuer's affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.

   None to report during the month of February 2023.

6. Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer's affiliates or third parties or cancellation of any financing arrangements that have been previously announced.

   None to report during the month of February 2023.

7. Describe any acquisitions by the Issuer or dispositions of the Issuer's assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provide details of the relationship.

None to report during the month of February 2023.

8. Describe the acquisition of new customers or loss of customers.

None to report during the month of February 2023.

9. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trademarks.

None to report during the month of February 2023.

10. Report on any employee hirings, terminations or lay-offs with details of anticipated length of lay-offs.

None to report during the month of February 2023.

11. Report on any labour disputes and resolutions of those disputes if applicable.

None to report during the month of February 2023.

12. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.

None to report during the month of February 2023.

13. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness.

None to report during the month of February 2023.

14. Provide details of any securities issued and options or warrants granted.

Security	Number Issued	Details of Issuance	Use of Proceeds[(1)]
shares	1,805,869	settlement shares issued to the former Officer of the Company	N/A
options	3,000,000	granted to directors and officers and a consultant of the Company with an exercise price of $0.05	N/A

(1) State aggregate proceeds and intended allocation of proceeds.

15. Provide details of any loans to or by Related Persons.

None to report during the month of February 2023.

16. Provide details of any changes in directors, officers or committee members.

Cindy Ieong began her role as the Company's new Chief Financial Officer and Corporate Secretary, effective as of February 1, 2023. Daniel Polos submitted his resignation from the Company's Board of Directors, effective February 28, 2023.

17. Discuss any trends which are likely to impact the Issuer including trends in the Issuer's market(s) or political/regulatory trends.

On March 11, 2020, the World Health Organization declared COVID-19 to be a pandemic. The Company remained open for business, however uncertainty still remains as to the ongoing impact of the COVID-19 pandemic on our operations, and on the global economy as a whole. Government-imposed restrictions on travel and other "social-distancing" measures on assembly of groups of persons, have the potential to disrupt supply chains for parts and sales channels for our products, including delays in obtaining any necessary regulatory and government approvals.

It is currently not possible to predict how long the effects of the pandemic will last or the time that it will take for economic activity to return to prior levels. We will continue to monitor the COVID-19 situation closely and intend to follow health and safety guidelines as they evolve.

Other trends and risks that could impact the issuer are detailed on pages 43 to 53 in section 17 "Risk Factors" of the Issuer's Form 2A Listing Statement dated October 5, 2018.

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Certificate Of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.

2. As of the date hereof there is no material information concerning the Issuer which has not been publicly disclosed.

3. The undersigned hereby certifies to the Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CNSX Policy 1).

4. All of the information in this Form 7 Monthly Progress Report is true.

Dated:

March 15, 2023

Ken_Storey
Name of Director or Senior Officer

Signed: *"Ken Storey"*
Signature
CEO
Official Capacity

Issuer Details Name of Issuer **Harrys Manufacturing Inc.**	For Month End **February 2023**	Date of Report **23/03/15**
Issuer Address **1605 – 1166 Alberni Street**		
City/Province/Postal Code **Vancouver, BC, V6E 3Z3**	Issuer Fax No. ( )	Issuer Telephone No. **(604) 565-5100**
Contact Name **Ken Storey**	Contact Position **CEO**	Contact Telephone No. **(604) 565-5100**
Contact Email Address ken@harrysmfg.com	Web Site Address www.HarrysMFG.com	