FORM 7

MONTHLY PROGRESS REPORT

Name of Listed Issuer:	FinCanna Capital Corp.	(the "Issuer").
Trading Symbol: <u>CALI</u>		
Number of Outstanding Liste	ed Securities: <u>62,544,343</u>	
Date: November 2, 2022		

This Monthly Progress Report must be posted before the opening of trading on the fifth trading day of each month. This report is not intended to replace the Issuer's obligation to separately report material information forthwith upon the information becoming known to management or to post the forms required by Exchange Policies. If material information became known and was reported during the preceding month to which this report relates, this report should refer to the material information, the news release date and the posting date on the Exchange website.

This report is intended to keep investors and the market informed of the Issuer's ongoing business and management activities that occurred during the preceding month. Do not discuss goals or future plans unless they have crystallized to the point that they are "material information" as defined in the Policies. The discussion in this report must be factual, balanced and non-promotional.

General Instructions

- (a) Prepare this Monthly Progress Report using the format set out below. The sequence of questions must not be altered nor should questions be omitted or left unanswered. The answers to the items must be in narrative form. State when the answer to any item is negative or not applicable to the Issuer. The title to each item must precede the answer.
- (b) The term "Issuer" includes the Issuer and any of its subsidiaries.
- (c) Terms used and not defined in this form are defined or interpreted in Policy 1 Interpretation and General Provisions.

Report on Business

1. Provide a general overview and discussion of the development of the Issuer's business and operations over the previous month. Where the Issuer was inactive disclose this fact.

FinCanna Capital Corp. ("FinCanna" or the "Company") is a royalty investment company for the licensed cannabis industry. Over the past month, FinCanna has continued to work towards achieving its business objective of providing capital solutions to companies in the cannabis industry with large scale potential and a highly skilled and experienced operators, which plan to produce high value, high demand licensed products or related products and services.

Provide a general overview and discussion of the activities of management.

The Company remains focused on sourcing and funding top-tier companies operating in the licensed cannabis sector.

2. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law.

None to report during the month of October, 2022.

3. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned.

None to report during the month of October, 2022.

4. Describe any new business relationships entered into between the Issuer, the Issuer's affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.

None to report during the month of October, 2022.

5. Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer's affiliates or third parties or cancellation of any financing arrangements that have been previously announced.

None to report during the month of October, 2022.

6. Describe any acquisitions by the Issuer or dispositions of the Issuer's assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provide details of the relationship.

None to report during the month of October, 2022.

7. Describe the acquisition of new customers or loss of customers.

None to report during the month of October, 2022.

8. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trade-marks.

None to report during the month of October, 2022.

9. Report on any employee hirings, terminations or lay-offs with details of anticipated length of lay-offs.

None to report during the month.

- 10. Report on any labour disputes and resolutions of those disputes if applicable.
 - None to report during the month of October, 2022.
- 11. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.
 - None to report during the month of October, 2022.
- 12. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness.
 - None to report during the month of October, 2022.
- 13. Provide details of any securities issued and options or warrants granted.

Security	Number Issued	Details of Issuance	Use of Proceeds ⁽¹⁾
Stock Options	None	N/A	N/A
Common Shares	17,877,602	Issuance of Common Shares to satisfy interest payment on Convertible Debentures	N/A
Convertible Debentures	None	N/A	N/A
Warrants	None	N/A	N/A

- (1) State aggregate proceeds and intended allocation of proceeds.
- 14. Provide details of any loans to or by Related Persons.
 - None to report during the month of October, 2022.
- 15. Provide details of any changes in directors, officers or committee members.
 - None to report during the month of October, 2022.
- 16. Discuss any trends which are likely to impact the Issuer including trends in the Issuer's market(s) or political/regulatory trends.
 - With respect to COVID-19 there has been moderate impact on the operations of the Company's investees. The State of California has identified certain services deemed "essential" with cannabis being one of them. Since the beginning of the COVID-19 outbreak, demand for cannabis products have remained strong across the state. However, restrictions on travel, social distancing requirements and additional costs associated with ensuring they can provide a safe working environment and comply with all state directives has had somewhat of a negative impact on the overall operations of the Company's investees. FinCanna's investee facilities and personnel make every effort to comply with all governmental directives and guidelines relating to COVID-19.

Certificate Of Compliance

The undersigned hereby certifies that:

- 1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
- 2. As of the date hereof there were is no material information concerning the Issuer which has not been publicly disclosed.
- 3. The undersigned hereby certifies to the Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CNSX Policy 1).
- 4. All of the information in this Form 7 Monthly Progress Report is true.

Dated November 2, 2022	
	Jeff Dare
	Name of Director or Senior
	Officer
	"Jeff Dare"
	Signature
	Corporate Secretary
	Official Capacity

Issuer Details Name of Issuer	For Month End	Date of Report YY/MM/DD		
FinCanna Capital Corp.	October 2022	2022/11/02		
Issuer Address Suite 550 – 800 West Pender Street				
City/Province/Postal Code Vancouver, BC V6C 2V6	Issuer Fax No. (778) 327 6675	Issuer Telephone No. (778) 327 5799		
Contact Name Jeff Dare	Contact Position Corporate Secretary	Contact Telephone No. (604) 235 4053		
Contact Email Address info@fincannacapital.com	Web Site Address www.fincannacapital.com	<u>n</u>		