



Revitalist Increases Revenue Capacity with the Signing of Clinic Lease in Knoxville, TN

VANCOUVER, BC, October 26, 2021 – REVITALIST LIFESTYLE AND WELLNESS LTD. (“**Revitalist**” or the “**Company**”) (CSE: **CALM**) (OTC: **RVLWF**) (FSE:**4DO**) is pleased to announce it has signed an additional lease for space located at 7317 Clinton Hwy, Powell, Tennessee (the “Lease”), the same county where the Company founded its flagship location in 2018. The Lease is for an initial five-year period with two, five-year renewal options at the option of Revitalist. Revitalist will initially rent 3,500 square feet and has the right of first refusal (the “ROFR”) on an additional 4,500 square feet located on the same premises for a total of 8,000 square feet. Total clinic revenue capacity for the initial 3,500 square foot lease is approximately \$3.55 million USD, expanding to \$7.1 million USD if the Company were to execute the ROFR on the additional space in the future.

People interested in receiving treatments can contact any of the following five Revitalist clinic locations:

Knoxville, TN

Address: 10608 Flickenger Lane Knoxville, TN 37922

Website: <https://revitalistclinic.com/>

Tel: 865-401-9242

Chattanooga, TN

Address: 5715 Uptain Rd, Suite 200, Chattanooga, TN 37411

Website: <https://revitalistchattanooga.com/>

Tel: 423-220-4738

Johnson City, TN

Address: 110 E Mountcastle Dr Johnson City, TN 37601

Website: <https://revitalistjohnsoncity.com/>

Tel: 423-454-2150

Louisville, KY

Address: 13307 Magisterial Dr, Louisville, KY 40223

Website: <https://revitalistlouisville.com/>

Tel: 502-771-8531

Raleigh, NC

Address: 1418 E Millbrook Rd, Raleigh, NC 27609

Website: <https://revitalistraleigh.com/>

Tel: 984-300-4487

Mrs. Kathryn Walker, CEO, commented, "We are so grateful to the community of Knox County where Revitalist opened its very first clinic in 2018. The demand for our services has exceeded expectations and allowed us to expand with a second location that is expected to open in Q4 of 2021."

ABOUT REVITALIST LIFESTYLE AND WELLNESS

Revitalist Lifestyle and Wellness Ltd. (CSE: CALM) (OTC: RVLWF) (FSE: 4DO) is a publicly traded company, headquartered in Knoxville, Tennessee, with five clinics operating across the United States and expanding. Revitalist is dedicated to empowering individuals toward an improved quality of well-being through a combination of comprehensive care and future-centric treatments provided by medical professionals, mental health experts, and chronic pain specialists. Since opening their first clinic in 2018, Revitalist has provided thousands of infusions for patients suffering from treatment-resistant conditions. Additionally, Revitalist offers a number of lifestyle optimization services and vitamin infusions that can bring anyone closer to total wellness. For more information, please visit www.revitalist.com or follow us at:

Twitter: @RevitalistCorp
Facebook: @RevitalistLifestyleandWellnessLtd.
Instagram: @RevitalistCorp
LinkedIn: @RevitalistLifestyleAndWellnessLtd

On Behalf of the Board
Kathryn Walker
Chief Executive Officer

For further information please contact:
Revitalist Lifestyle and Wellness Ltd.
Email: IR@revitalist.com
Tel: (865) 585-8414

For additional information and to be added to the Company's mailing list, please click [here](#).

Forward Looking Statements

This news release contains forward-looking statements and information within the meaning of applicable securities legislation. Often, but not always, forward-looking statements and information can be identified by the use of words such as "plans", "expects" or "does not expect", "is expected", "estimates", "intends", "anticipates" or "does not anticipate", or "believes", or variations of such words and phrases or state that certain actions, events or results "may", "could", "would", "might" or "will" be taken, occur or be achieved. Forward looking statements or information involve known and unknown risks, uncertainties and other factors which may cause the actual results, performance or achievements of Revitalist to be materially different from any future results, performance or achievements expressed or implied by the forward-looking statements or information contained in this news release.

Risks, uncertainties, and other factors involved with forward-looking information could cause actual events, results, performance, prospects and opportunities to differ materially from those expressed or

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