

FORM 7

MONTHLY PROGRESS REPORT

Name of Listed Issuer: Rockland Resources Ltd.

(the "Issuer")

Trading Symbol: RKL

Number of Outstanding Listed Securities: 25,536,429

Date: May 01, 2021 (for the month ended April 30, 2021)

This Monthly Progress Report must be posted before the opening of trading on the fifth trading day of each month. This report is not intended to replace the Issuer's obligation to separately report material information forthwith upon the information becoming known to management or to post the forms required by Exchange Policies. If material information became known and was reported during the preceding month to which this report relates, this report should refer to the material information, the news release date and the posting date on the Exchange website.

This report is intended to keep investors and the market informed of the Issuer's ongoing business and management activities that occurred during the preceding month. Do not discuss goals or future plans unless they have crystallized to the point that they are "material information" as defined in the Policies. The discussion in this report must be factual, balanced and non-promotional.

General Instructions

- (a) Prepare this Monthly Progress Report using the format set out below. The sequence of questions must not be altered nor should questions be omitted or left unanswered. The answers to the items must be in narrative form. State when the answer to any item is negative or not applicable to the Issuer. The title to each item must precede the answer.
- (b) The term "Issuer" includes the Issuer and any of its subsidiaries.
- (c) Terms used and not defined in this form are defined or interpreted in Policy 1 – Interpretation and General Provisions.

Report on Business

1. Provide a general overview and discussion of the development of the Issuer's business and operations over the previous month. Where the Issuer was inactive disclose this fact.

April 06, 2021

The Company announces that it has initiated logistic activities and personnel placements directed at the start of a maiden drill program in May, on the newly acquired (see Press Release March 29, 2021) "Cole Gold Mines Property" (Property), located in Ball Township, Red Lake Mining District.

Highlights:

- A contract proposal for 2,500 meters of HQ diamond drilling has been submitted to established drill contractors in Manitoba and Ontario to mobilize a rig to the Property on, or near, the 3rd week of May.
- A senior consultant geologist has been engaged by the Company to supervise the drill program, with support from the vendor's (Wabassi) senior geologist, and other Company technical advisors. The site senior geologist is contracted from Planet X Exploration Services Ltd.'s, retained through Grassroots Prospecting. Additional technical and logistical support will be supplied by Clark Exploration Consulting of Thunder Bay.
- The company has also engaged a geophysical contract company to complete an airborne (Drone) high resolution magnetic survey of the property to assist with the geological and structural interpretation. This work is planned during the month of April.
- The Property has an approved Exploration Permit PR-20-000368 that is valid until March 3, 2024

The Company further announces that it has arranged a non-brokered private placement of up to 10 million units ("Units") at a price of \$0.20 per Unit for aggregate gross proceeds of \$2,000,000.00 (the "Offering"). Each Unit will be comprised of one common share ("Share") and one half of one transferable Share purchase warrant of the Company ("Warrant"). Each whole Warrant will entitle the Subscriber to purchase one Warrant Share for a 24-month period after the Closing Date at an exercise price of \$0.30 per share. Net proceeds of the Financing will be used to advance the corporation's Cole Gold Mines project Ball Township, Red Lake Mining District and for general working capital purposes.

April 27,2021

Rockland announced that further to the press release dated April 6, 2021, the Company has closed the oversubscribed non-brokered private placement. The Company issued 10,440,000 units (the "Units") at a price of \$0.20 per Unit for aggregate gross proceeds of \$2,088,000. Each Unit is comprised of one common share ("Share") and one half of one transferable common share purchase warrant of the Company ("Warrant"). Each whole Warrant will entitle the Subscriber to purchase one Warrant Share for a 24-month period after the Closing Date at an exercise price of \$0.30 per share.

Proceeds raised will be used for advancing the Company's Cole Gold Mines property in Red Lake as well as the Old Timer property near Nelson B.C. as well as for general working capital.

Finders' fees of \$78,080 cash and 425,400 finders' warrants were paid to arm's length parties.

Shares issued pursuant to the Financing will be subject to a four-month hold period according to applicable securities laws of Canada.

April 29, 2021

Rockland Resources Ltd. (the "Company" or "Rockland") (CSE: RKL) announces the appointment of Charles Desjardins to its Board of Directors. Mr. Desjardins brings more than 30 years of public company experience in the areas of finance and public company management. Mr. Desjardins has served in varying capacities of numerous public mineral exploration and technology companies and has been very active in the Red Lake Mining district since 2006.

Gary Musil has resigned as a director to devote attention to other professional commitments. The board of directors would like to thank Gary for his valuable contributions to date and wish him success in his future endeavours.

The Company further announces it has set 1.7 million options to directors and consultants of the Company at \$0.27 for a period of 2 years in accordance with the Company's stock option plan.

2. Provide a general overview and discussion of the activities of management.

The Company reported on its upcoming and ongoing activities on the Cole Gold Mines Property. Details are listed above in section 1 dated April 06, 2021.

3. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law.

- **On April 06, 2021 the Company announced their plans to start a maiden drill program in May on the newly acquired Cole Gold Mines Property located in Ball Township, Red Lake Mining District. See details in Section 1 of this report dated April 06, 2021**
- **The Company has an approved Exploration Permit PR-20-000368 that is valid until March 3, 2024**

4. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned.

No drilling, exploration or production programs have been amended or abandoned during the month of April 2021. However, activities were started in April 06 in getting the required things needed to prepare the company to start a drill program in May 2021. Details are outlines in Section 1 of this report dated April 06, 2021.

5. Describe any new business relationships entered into between the Issuer, the Issuer's affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.

- **A contract proposal for 2,500 meters of HQ diamond drilling has been submitted to established drill contractors in Manitoba and Ontario to mobilize a rig to the Property on, or near, the 3rd week of May.**
- **A senior consultant geologist has been engaged by the Company to supervise the drill program, with support from the vendor's (Wabassi) senior geologist, and other Company technical advisors. The site senior geologist is contracted from Planet X Exploration Services Ltd.'s, retained through Grassroots Prospecting. Additional technical and logistical support will be supplied by Clark Exploration Consulting of Thunder Bay.**
- **The company has also engaged a geophysical contract company to complete an airborne (Drone) high resolution magnetic survey of the property to assist with the geological and structural interpretation. This work is planned during the month of April.**
- **The Property has an approved Exploration Permit PR-20-000368 that is valid until March 3, 2024**

6. Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer's affiliates or third parties or cancellation of any financing arrangements that have been previously announced.

None.

7. Describe any acquisitions by the Issuer or dispositions of the Issuer's assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provide details of the relationship.

The Company announced that it has arranged a non-brokered private placement of up to 10 million units ("Units") at a price of \$0.20 per Unit for aggregate gross proceeds of \$2,000,000.00 (the "Offering"). Each Unit will be comprised of one common share ("Share") and one half of one transferable Share purchase warrant of the Company ("Warrant"). Each whole Warrant will entitle the Subscriber to purchase one Warrant Share for a 24-month period after the Closing Date at an exercise price of \$0.30 per share. Net proceeds of the Financing will be used to advance the corporation's Cole Gold Mines project Ball Township, Red Lake Mining District and for general working capital purposes.

On April 29, the Company announced the appointment of Charles Desjardins to its Board of Directors. Mr. Desjardins brings more than 30 years of public company management. Mr. Desjardins has served in varying capacities of numerous public mineral exploration and technology companies and has been very active in the Red Lake Mining district since 2006.

Gary Musil has resigned as a director to devote attention to other professional commitments. The board of directors would like to thank Gary for his valuable contributions to date and wish him success in his future endeavours.

The Company further announces it has set 1.7 million options to directors and consultants of the Company at \$0.27 for a period of 2 years in accordance with the Company's stock option plan.

8. Describe the acquisition of new customers or loss of customers.
Not applicable.
9. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trademarks.
Not applicable.
10. Report on any employee hirings, terminations or lay-offs with details of anticipated length of lay-offs.
None.
11. Report on any labour disputes and resolutions of those disputes if applicable.
There were no labour disputes or resolutions to labour disputes during the month of April 2021.
12. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.
The Issuer is not aware of any legal proceedings to which it has become a party during the month of April 2021.
13. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness.
The Issuer have incurred indebtedness of \$50,000 with option agreement signed on March 26, 2021. And payable before 30 April, 2021
14. Provide details of any securities issued and options or warrants granted.

Security	Number Issued	Details of Issuance	Use of Proceeds ⁽¹⁾
Common Shares	10,440,000	Private Placement of Units @\$0.20. Reported in News Release April 06, 2021 Each unit consists of one share and one half warrant with each warrant converted into shares at \$0.30 for 24 months.	Proceeds raised will be used for advancing the Company's Cole Gold Mines property in Red Lake as well as the Old Timer property near Nelson B.C. as well as for general working capital.

Security	Number Issued	Details of Issuance	Use of Proceeds ⁽¹⁾
Warrants	5,220,000	Private Placement of Units @\$0.20. Reported in News Release April 06, 2021 Each unit consists of one share and one half warrant with each warrant converted into shares at \$0.30 for 24 months.	Proceeds raised will be used for advancing the Company's Cole Gold Mines property in Red Lake as well as the Old Timer property near Nelson B.C. as well as for general working capital
Options	1,700,000	To Directors and Consultants of the company at \$0.27 for a period of 2 years in Accordance with the Company's stock option plan	Proceeds raised will be used for advancing the Company's Cole Gold Mines property in Red Lake as well as the Old Timer property near Nelson B.C. as well as for general working capital

(1) State aggregate proceeds and intended allocation of proceeds.

15. Provide details of any loans to or by Related Persons.

There were no loans to or by Related Persons during the month of April 2021.

16. Provide details of any changes in directors, officers or committee members.

During the month of April 2021 there were changes in directors.

Charles Desjardins was appointed to the Board of Directors.

Gary Musil has resigned from the Board

17. Discuss any trends which are likely to impact the Issuer including trends in the Issuer's market(s) or political/regulatory trends.

The Issuer has no history of earnings and to date has not defined any commercial quantities of mineral reserves on the Summit Old Timer Property. The Issuer has an option only to acquire an interest in the Summit Old Timer Property and there is no guarantee that the Issuer's 75% interest, if earned, will be certain or that it cannot be challenged by claims of aboriginal or indigenous title, or unknown third parties claiming an interest in the Summit Old Timer Property.

The issuer has an option on the Cole Gold Mine Property where it can earn 100% interest. There are historic results on the property but the issuer has not started any exploration work to confirm these results.

The Issuer and its assets may also become subject to uninsurable risks. The Issuer's activities may require permits or licenses which may not be granted to the Issuer. The

Issuer competes with other companies with greater financial resources and technical facilities. The Issuer may be affected by political, economic, environmental and regulatory risks beyond its control. The Issuer is currently largely dependent on the performance of its directors and officers and there is no assurance the Issuer can retain their services. In recent years both metal prices and publicly traded securities prices have fluctuated widely.

The outbreak of the coronavirus ("COVID-19") pandemic is likely to impact the Issuer's plans and activities. The Issuer may face disruption to operations, supply chain delays, travel and trade restrictions and impact on economic activity in affected countries or regions can be expected and can be difficult to quantify. Such pandemics or diseases represent a serious threat to maintaining a skilled workforce industry and could be a major health-care challenge for the Issuer. There can be no assurance that the Issuer's personnel will not be impacted by these pandemic diseases and ultimately that the Issuer would see its workforce productivity reduced or incur increased medical costs/insurance premiums as a result of these health risks. In addition, the COVID-19 pandemic has created a dramatic slowdown in the global economy. The duration of the COVID-19 outbreak and the resultant travel restrictions, social distancing, government response actions, business closures and business disruptions, can all have an impact on the Issuer's operations and access to capital. There can be no assurance that the Issuer will not be impacted by adverse consequences that may be brought about by the COVID-19 pandemic on global financial markets which may result in reduced resource prices, share prices and financial liquidity and thereby may severely limit the financing capital available.

Certificate of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there were is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to the Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CNSX Policy 1).
4. All of the information in this Form 7 Monthly Progress Report is true.

Dated: May 01, 2021.

Michael England

Name of Director or Senior Officer



Signature

Chief Executive Officer, President and Director

Official Capacity

<i>Issuer Details</i>	For Month End	Date of Report
Name of Issuer		YY/MM/DD
Rockland Resources Ltd.	April 30, 2021	21/05/01
Issuer Address		
Suite 1240-789 West Pender Street		
City/Province/Postal Code	Issuer Fax No.	Issuer Telephone No.
Vancouver, British Columbia, V6C 1H2	N/A	(604) 683-3995
Contact Name	Contact Position	Contact Telephone No.
Micheal England	Chief Executive Officer, President and Director	(604) 683-3995
Contact Email Address	Web Site Address	
mike@engcom.ca	N/A	