

FORM 11

NOTICE OF PROPOSED STOCK OPTION GRANT OR AMENDMENT

Name of Listed Issuer: Canntab Therapeutics Limited (the "Issuer").

Trading Symbol: PILL

Date: July 14, 2020

1. New Options Granted:

Date of Grant: July 13, 2020

Name of Optionee	Position (Director/ Officer/ Employee/ Consultant/ Management Company)	Insider Yes or No?	No. of Optioned Shares	Exercise Price	Expiry Date	No. of Options Granted in Past 12 Months
Bella Yang	Employee	No	50,000	\$0.80	July 13, 2022	Nil
Eric Malinski	Employee	No	125,000	\$0.80	July 13, 2022	10,000
Vitor Fonseca	Director	Yes	100,000	\$0.80	July 13, 2022	Nil

Total Number of optioned shares proposed for acceptance: 275,000

2. Other Presently Outstanding Options:

Name of Optionee	Position (Director/ Officer/ Employee/ Consultant/ Management Company)	Insider Yes or No?	No. of Optioned Shares	Exercise Price	Expiry Date	No. of Options Granted in Past 12 Months
Jack Tasse	Consultant	No	15,000	\$1.00	June 8,	Nil

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					2022	
Sabrina Ramkellawan	Consultant	No	25,000	\$1.00	June 8, 2022	Nil
Joshi Laxminarayan	Employee	Yes	10,000	\$1.00	June 8, 2022	Nil
Curtis Holmes	Employee	No	15,000	\$1.00	June 8, 2022	Nil
Anupan K Gupta	Employee	No	5,000	\$1.00	June 8, 2022	Nil
Congqiao Yang	Employee	No	10,000	\$1.00	June 8, 2022	Nil
Eric Malinski	Employee	No	10,000	\$1.00	June 8, 2022	Nil
Myrtle Ragoonanan	Employee	No	5,000	\$1.00	June 8, 2022	Nil
SiDonnie Jones	Employee	No	10,000	\$1.00	June 8, 2022	Nil
1554103 Canada Inc.	Employee	No	10,000	\$1.00	June 8, 2022	Nil
Erin Koffman	Employee	No	10,000	\$1.00	June 8, 2022	Nil
Ritu Malik	Employee	No	25,000	\$1.00	June 8, 2022	Nil
Peggy Singer	Employee	No	10,000	\$1.00	June 8, 2022	Nil
Vanessa Bain			25,000			
Gavin Bogle			60,000			
Vitor Fonseca			400,000			
Richard Goldstein			200,000			
Dr. Eric Hatashita			60,000			
Sheldon Inwentash			25,000			
Rob Lefler			100,000			
Barry Polisuk			400,000			
Jeff Renwick			200,000			
Hamish Sutherland			60,000			

(1) Set out number of optioned shares for each grant with different terms.

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3. Additional Information

- (a) If shareholder approval was required for the grant of options (including prior approval of a stock option plan), state the date that the shareholder meeting approving the grant was or will be held.

N/A

- (b) State the date of the news release announcing the grant of options.

N/A

- (c) State the total issued and outstanding share capital at the date of grant or amendment.

32,757,601

- (d) State, as a percentage of the issued and outstanding shares of the Issuer indicated in (c) above, the aggregate number of shares that are subject to incentive stock options, including new options, amended options and other presently outstanding options.

5.2%

- (e) If the new options are being granted pursuant to a stock option plan, state the number of remaining shares reserved for issuance under the plan.

1,582,365

- (f) If the Issuer has completed a public distribution of its securities within 90 days of the date of grant, state the per share price paid by the public investors.

N/A

- (g) Describe the particulars of any proposed material changes in the affairs of the Issuer.

N/A

4. Certificate of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to the Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CNSX Policy 1).
4. All of the information in this Form 11 Notice of Proposed Stock Option Grant or Amendment is true.

Dated July 13, 2020.

Richard Goldstein
Name of Director or Senior
Officer

"Richard Goldstein"
Signature

CFO
Official Capacity