

Rockcliff Intersects High-Grade Copper Below the Rail Deposit 7.04% CuEq Across 3.6 Metres and 10.78% CuEq Across 2.44 Metres

Toronto, ON – September 26, 2019 – Rockcliff Metals Corporation ("Rockcliff" or the "Company") (CSE: RCLF) (FRANKFURT: ROO, WKN: A2H60G) is pleased to announce that initial Phase 1 drilling has intersected high-grade copper mineralization associated with a large geophysical anomaly extending immediately below the 100% owned high-grade Rail Deposit. The Rail drill program, which will consist of a minimum 10,000 metres of drilling, is part of the Company's fully funded, 16-month drill campaign. Phase 1 of this extensive drill program is focussed on enhancing several advanced stage deposits, including the Rail Deposit. Rockcliff is the largest development and exploration junior landholder in the Flin Flon-Snow Lake greenstone belt, the most extensive Paleoproterozoic Volcanogenic Massive Sulphide ("VMS") district (copper, gold, zinc, silver) in the world.

Rockcliff's initial drill results from the Rail Deposit intersected high-grade intervals summarized in the table below:

Hole	From (m)	To (m)	Length (m)	Cu%	Au gpt	Zn%	Ag gpt	CuEq %
RL19-062	250.46	254.06	3.60	5.09	1.57	1.98	21.00	7.04
RL19-064	335.23	337.67	2.44	8.76	2.20	1.03	24.61	10.78

(m) = metres represents down the hole thickness as true thicknesses are not currently known, % = percentage, g/t = grams per tonne, *CuEq = copper equivalent value used: US\$3.00/pound copper, US1300/ troy ounce gold, US\$1.15/pound zinc and US\$20 /per ounce silver, 100% metal recoveries were applied, CuEq calculation is: = Cu grade + (Zn grade%/100*2204.6 x Zn price) + (Au grade/32.15/1000 x Au price) + (Ag grade/32.15/1000 x Ag price)/Cu price/20. The numbers may not add up due to rounding.

Rockcliff's President and CEO Alistair Ross commented: "To have the first holes hit massive sulphide intercepts exactly where the geophysical anomaly inferred them to be, boosts our confidence in our understanding of the geology of the Rail Deposit and across the region. To have these holes also hit high-grade copper combined with meaningful gold grades is an auspicious beginning to our pursuit of becoming Manitoba's next copper producer. Along with our Talbot and Tower deposits, these results increase the prospect of a third, near surface, deposit at Rail, giving the Company additional optionality when it comes to advancing one or more of our properties to a development stage."

Significant individual down hole assays from RL19-062 and RL19-064 are summarized in the table below:

HOLE_ID	From (m)	To (m)	Length (m)	Cu %	Au gpt	Zn %	Ag gpt
RL19-062	250.46	251.00	0.54	1.38	0.47	1.18	5.4
RL19-062	251.00	251.30	0.30	9.56	1.92	3.2	38.4
RL19-062	251.30	252.04	0.74	0.04	0.01	0.16	0.5
RL19-062	252.04	252.28	0.24	12.23	7.48	1.12	34
RL19-062	252.28	252.56	0.28	12.75	2.01	4.26	41.9
RL19-062	252.56	252.87	0.31	6.65	1.58	3.25	22.4
RL19-062	252.87	253.35	0.48	3.38	1.59	3.38	14.8
RL19-062	253.35	253.73	0.38	6.55	1.75	2.78	39.1
RL19-062	253.73	254.06	0.33	6.02	1.59	0.81	36.3



RL19-064	335.23	335.42	0.19	0.34	0.025	0.02	1.4
RL19-064	335.42	335.61	0.19	10.79	1.03	0.75	21.1
RL19-064	335.61	335.80	0.19	0.24	0.56	0.02	1.4
RL19-064	335.80	336.29	0.49	15.88	2.92	1.98	46.7
RL19-064	336.29	336.65	0.36	17.54	2.31	1.87	49.1
RL19-064	336.65	336.82	0.17	14.15	11.87	1.43	43.6
RL19-064	336.82	337.05	0.23	8.45	3.02	1.21	22.2
RL19-064	337.05	337.38	0.33	1.64	0.1	0.37	4.4
RL19-064	337.38	337.67	0.29	0.75	0.21	0.23	3.4

⁽m) = metres represents down the hole thickness as true thicknesses are not currently known, % = percentage, g/t = grams per tonne, *CuEq = copper equivalent value used: US\$3.00/pound copper, US1300/ troy ounce gold, US\$1.15/pound zinc and US\$20 /per ounce silver, 100% metal recoveries were applied, CuEq calculation is: = Cu grade + (Zn grade%/100*2204.6 x Zn price) + (Au grade/32.15/1000 x Au price) + (Ag grade/32.15/1000 x Ag price)/Cu price/20. The numbers may not add up due to rounding.

Assays are pending for holes RL19-063 and RL19-065.

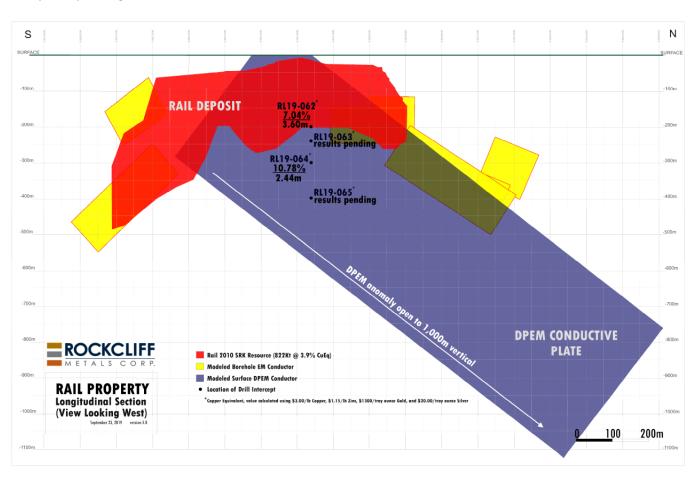


Figure 1: Rail Longitudinal Section Outlining Rail Deposit, Large Associated Conductive Plate and Pierce Points



Additional drill hole information from the Rail drill program is highlighted below.

Hole ID	UTM E	UTM N	Dip	Azimuth	Depth
RL19-062	397495	6068630	-50	270	533
RL19-063	397495	6068630	-59	270	380
RL19-064	397495	6068630	-66	270	476
RL19-065	397593	6068630	-62	270	636

The Rail Deposit: National Instrument 43-101 Indicated Resource ("NI 43-101 Compliant Resource")

Rockcliff filed an initial NI 43-101 Compliant Resource on the Rail Deposit on December 20, 2010. The report entitled "Mineral Resource Evaluation, Rail Polymetallic Sulphide Deposit, Snow Lake, Manitoba", dated December 19, 2010 (the "Rail Deposit Report"), was prepared by Sébastien Bernier, M. Sc., P.Geo, and Dominic Chartier, P.Geo., qualified persons under National Instrument 43-101, on behalf of SRK Consulting (Canada) Inc. ("SRK"). The Rail Deposit Report is available for viewing on the SEDAR profile for Rockcliff Resources Inc. ("Rockcliff Resources"), the predecessor of the Company, at www.sedar.com.

The Mineral Resource Statement for the Rail Deposit is reported at a cut-off grade of 2.0 percent copper. The statement includes metal grade for copper, zinc, gold and silver but not lead because this metal is present at near detection limits. The Mineral Resource Statement for the Rail Deposit is summarized in Table 1.

Table 1: Mineral Resource Statement*, Rail Polymetallic Sulphide Deposit,

Manitoba, SRK Consulting, November 4, 2010

Posourse Category	Quantity		Contained			
Resource Category	(tonnes)	Cu (%)	Zn (%)	Au (g/t)	Ag (g/t)	Cu (pounds)
Indicated	822,000	3.04	0.90	0.66	9.25	55,090,000
Inferred	-	-	-	-	-	-

^{*}Reported at a cut-off grade of 2.0 percent copper. Cut-off grade is based on copper price of US\$3.00 per pound and a metallurgical recovery of eighty percent, without considering revenues from other metals. All figures rounded to reflect the relative accuracy of the estimates. Mineral resources are not mineral reserves and do not have demonstrated economic viability.

The mineral resources are reported at a cut-off grade of 2.0 per cent copper to reflect "the reasonable prospects" for economic extraction. SRK considers the Rail Deposit to be amenable to extraction using underground mining methods. The Mineral Resources Statement for the Rail Deposit presented in Table 1 are not mineral reserves and do not have demonstrated economic viability. There is no certainty that all or any part of the mineral resources will be converted into mineral reserves. The Indicated Mineral Resource for the Rail Deposit was classified according to the CIM Definition Standards for Mineral Resources and Mineral Reserves (December 2005) by Sebastien Bernier, P.Geo (APGO#1847), an appropriate independent person for the purpose of National Instrument 43-101.



Quality Control and Quality Assurance

Samples of half core were packaged and shipped directly from Rockcliff's field office to TSL Laboratories (TSL), in Saskatoon, Saskatchewan. TSL is a Canadian assay laboratory and is accredited under ISO/IEC 17025. Each bagged core sample was dried, crushed to 70% passing 10 mesh and a 250g pulp is pulverized to 95% passing 150 mesh for assaying. A 0.5g cut is taken from each pulp for base metal analyses and leached in a multi acid (total) digestion and then analyzed for copper, lead, zinc and silver by atomic absorption. Gold concentrations are determined by fire assay using a 30g charge followed by an atomic absorption finish. Samples greater than the upper detection limit (3000 ppb) are reanalyzed using fire assay gravimetric using a 1 AT charge. Rockcliff inserted certified blanks and standards in the sample stream to ensure lab integrity. Rockcliff has no relationship with TSL other than TSL being a service provider to the Company.

Ken Lapierre P.Geo., Vice-President, Exploration of Rockcliff, a Qualified Person in accordance with Canadian regulatory requirements as set out in NI 43-101, has reviewed and approved the scientific and technical information that forms the basis for the disclosure contained in this press release.

About Rockcliff Metals Corporation

Rockcliff is a well-funded Canadian resource development and exploration company and near-term copper producer, with a fully functional +1000 tpd permitted leased processing and tailings facility as well as several advance stage, high-grade copper and zinc dominant VMS deposits in the Snow Lake area of Manitoba. The Company is a major landholder in the Flin Flon-Snow Lake greenstone belt which is home to the largest Paleoproterozoic VMS district in the world, hosting mines and deposits containing copper, zinc, gold and silver. The Company's extensive portfolio of properties totals over 4,500 square kilometres and includes eight of the highest-grade, undeveloped VMS deposits and five lode-gold properties held by Goldpath Resources Corp., a Rockcliff wholly-owned subsidiary, including the historic Rex-Laguna gold mine, Manitoba's first and highest-grade gold mine.

For more information, please visit http://rockcliffmetals.com

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Cautionary Note Regarding Forward-Looking Statements: This news release includes forward-looking statements that are subject to risks and uncertainties. Forward-looking statements involve known and unknown risks, uncertainties, and other factors that could cause the actual results of the Company to be materially different from the historical results or from any future results expressed or implied by such forward-looking statements. All statements contained in this news release, other than statements of historical fact, are to be considered forward-looking. Although Rockcliff believes the expectations expressed in such forward-looking statements are based on reasonable assumptions, such statements are not a guarantee of future performance and actual results or developments may differ materially from those in the forward-looking statements.

The Canadian Securities Exchange does not accept responsibility for the adequacy or accuracy of this news release.