

FORM 7

MONTHLY PROGRESS REPORT

Name of CNSX Issuer: Alchemist Mining Incorporated (the "Issuer")

Trading Symbol: AMS

Number of Outstanding Listed Securities: 58,911,900

Date: May, 2019

Report on Business

1. Provide a general overview and discussion of the development of the Issuer's business and operations over the previous month. Where the Issuer was inactive disclose this fact.

On May 24, the Issuer announced that its board of directors had determined to change the Company's name (the "Name Change") to Alchemist Holdings Inc. The Name Change will be effected concurrently with the 4:1 consolidation of the Company's common shares, as announced on March 20, 2019, and the acquisition of the Oddysee Software Platform from Green Rush Consulting LLC, which was announced on September 15, 2018 and March 20, 2019.

In connection with the Name Change, the Company's common shares will be traded on the Canadian Securities Exchange under the symbol ALH.

2. Provide a general overview and discussion of the activities of management.

Management has attended industry related events, conferences and presentations in Sacramento, L.A., Toronto and Vancouver to increase the Issuer's awareness in the investment community, develop strategic partnerships and raise capital to finalize and close the financing round.

3. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law.

The Issuer has added a new product - transdermal CBD patches for pain management. These patches are applied to the skin on or close to the area of pain, they last for up to 24 hours and are completely natural and free from any opioids or pharmacological ingredients.

4. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned.

This section is not applicable to the Issuer.

5. Describe any new business relationships entered into between the Issuer, the Issuer's affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.

This section is not applicable to the Issuer.

6. Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer's affiliates or third parties or cancellation of any financing arrangements that have been previously announced.

This section is not applicable to the Issuer.

7. Describe any acquisitions by the Issuer or dispositions of the Issuer's assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provide details of the relationship.

This section is not applicable to the Issuer.

Describe the acquisition of new customers or loss of customers.

This section is not applicable to the Issuer.

8. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trade-marks.

This section is not applicable to the Issuer.

9. Report on any employee hirings, terminations or lay-offs with details of anticipated length of lay-offs.

This section is not applicable to the Issuer.

10. Report on any labour disputes and resolutions of those disputes if applicable.

This section is not applicable to the Issuer.

11. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.

This section is not applicable to the Issuer.

12. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness.

This section is not applicable to the Issuer.

13. Provide details of any securities issued and options or warrants granted.

This section is not applicable to the Issuer.

14. Provide details of any loans to or by Related Persons.

This section is not applicable to the Issuer.

15. Provide details of any changes in directors, officers or committee members.

This section is not applicable to the Issuer.

16. Discuss any trends which are likely to impact the Issuer including trends in the Issuer's market(s) or political/regulatory trends.

This section is not applicable to the Issuer.

Certificate Of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there were is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to the Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CNSX Policy 1).
4. All of the information in this Form 7 Monthly Progress Report is true.

Dated: June 5, 2019

Paul Mann
Name of Director or Senior Officer

"Paul Mann"
Signature
CEO
Official Capacity

Issuer Details		For Month	Date of Report
Name of Issuer		End	YY/MM/D
Alchemist Mining Incorporated		May	2019/06/05
Issuer Address			
1574-885 W Georgia Street			
City/Province/Postal Code		Issuer Fax No.	Issuer Telephone No.
Vancouver, BC, V6C 3E8		n/a	(604) 601-2049
Contact Name		Contact Position	Contact Telephone No.
Sukh Sandhu		Corporate Development	604-601-2049
Contact Email Address:		Web Site Address	
Investors@alchemistinc.ca		www.alchemistinc.ca	