

FORM 11

NOTICE OF PROPOSED STOCK OPTION GRANT OR AMENDMENT

Name of Listed Issuer: LIHT CANNABIS CORP. (the "Issuer").

Trading Symbol: LIHT

Date: JANUARY 9, 2019

1. New Options Granted:

Date of Grant: JANUARY 8, 2019

Name of Optionee	Position (Director/Officer/Employee/Consultant/Management Company)	Insider Yes or No?	No. of Optioned Shares	Exercise Price	Expiry Date mm/dd/yy	No. of Options Granted in Past 12 Months
D. Osadchuk	Consultant	N	600,000	\$0.245	01/8/2021	200,000
L.Tsprailis	Consultant	N	600,000	\$0.245	01/8/2021	200,000

Total Number of optioned shares proposed for acceptance: **1,200,000**

2. Other Presently Outstanding Options:

Name of Optionee	No. of Optioned Shares ⁽¹⁾	Exercis e Price	Original Date of Grant	Expiry Date mm/dd/yy
H. Pannu	745,000	\$0.26	Oct 4, 2018	Oct 4, 2020
J. Schuck	100,000	\$0.26	Oct 4, 2018	Oct 4, 2020
D. Brown	100,000	\$0.26	Oct 4, 2018	Oct 4, 2020
E. Parana	200,000	\$0.26	Oct 4, 2018	Oct 4, 2020
M. Gonzales	20,000	\$0.26	Oct 4, 2018	Oct 4, 2020
J. Martinez	20,000	\$0.26	Oct 4, 2018	Oct 4, 2020
L. Richards	20,000	\$0.26	Oct 4, 2018	Oct 4, 2020
E. Brown	20,000	\$0.26	Oct 4, 2018	Oct 4, 2020
K. Keating	400,000	\$0.26	Oct 4, 2018	Oct 4, 2020
J. Hunter	50,000	\$0.26	Oct 4, 2018	Oct 4, 2020
N. Costello	50,000	\$0.26	Oct 4, 2018	Oct 4, 2020
R. George	50,000	\$0.26	Oct 4, 2018	Oct 4, 2020
J. George	50,000	\$0.26	Oct 4, 2018	Oct 4, 2020
D. Balakrishnan	100,000	\$0.26	Oct 4, 2018	Oct 4, 2020
R. Purdy	220,000	\$0.26	Oct 4, 2018	Oct 4, 2020
L. Hogg	20,000	\$0.26	Oct 4, 2018	Oct 4, 2020
N. Langlands-Kotnik	50,000	\$0.26	Oct 4, 2018	Oct 4, 2020
Frontier Marketing	300,000	\$0.26	Oct 4, 2018	Oct 4, 2020
B. Barnes	50,000	\$0.26	Oct 4, 2018	Oct 4, 2020
R. Romaniuk	20,000	\$0.26	Oct 4, 2018	Oct 4, 2020
R. Mohamed	745,000	\$0.26	Oct 4, 2018	Oct 4, 2020
Linda Sampson	745,000	\$0.26	Oct 4, 2018	Oct 4, 2020
J. Osayande	100,000	\$0.26	Oct 4, 2018	Oct 4, 2020
S. Wolfe	20,000	\$0.26	Oct 4, 2018	Oct 4, 2020
S. Ludwig	20,000	\$0.26	Oct 4, 2018	Oct 4, 2020
R. Wolfe	400,000	\$0.26	Oct 4, 2018	Oct 4, 2020
C. Klassen	900,000	\$0.26	Oct 4, 2018	Oct 4, 2020
B. Sampson	20,000	\$0.26	Oct 4, 2018	Oct 4, 2020
C. Evans	50,000	\$0.26	Oct 4, 2018	Oct 4, 2020
G. Cipes	300,000	\$0.26	Oct 4, 2018	Oct 4, 2020
C. McMann	50,000	\$0.26	Oct 4, 2018	Oct 4, 2020
P. McMann	50,000	\$0.26	Oct 4, 2018	Oct 4, 2020
S. Kramer	50,000	\$0.26	Oct 4, 2018	Oct 4, 2020
T. Herold	50,000	\$0.26	Oct 4, 2018	Oct 4, 2020

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C. Hamilton	200,000	\$0.26	Oct 4, 2018	Oct 4, 2020
J. Tyls	300,000	\$0.26	Oct 4, 2018	Oct 4, 2020
A. Sanders	100,000	\$0.26	Oct 4, 2018	Oct 4, 2020
H. Dekker	100,000	\$0.26	Oct 4, 2018	Oct 4, 2020
J. Matthews	100,000	\$0.26	Oct 4, 2018	Oct 4, 2020
R. Huhn	200,000	\$0.26	Oct 4, 2018	Oct 4, 2020
Dr. Hornby	100,000	\$0.26	Oct 4, 2018	Oct 4, 2020
R. Cannan	165,000	\$0.93	Nov 8, 2016	Nov 8, 2018
B.Dixon	165,000	\$0.93	Nov 8, 2016	Nov 8, 2018
C. Lovig	200,000	\$1.02	June 26, 2017	June 26, 2019
J. Nieken	100,000	\$0.71	March 3, 2018	March 6, 2020
S. Bommarito	500,000	\$0.56	March 5, 2018	March 5, 2020
C. Evans	50,000	\$0.71	March 5, 2018	March 5, 2020
J.Osayande	50,000	\$0.71	March 5, 2018	March 5, 2020
D. Osadchuk	200,000	\$0.80	March 6, 2018	March 6, 2019
L. Tsaprailis	200,000	\$0.80	March 6, 2018	March 6, 2019
V. Voskoboinikov - Three-J Investment	300,000	\$0.61	May 1, 2018	May 1, 2019
E.Group	100,000	\$0.29	October 30,2018	October 20, 2020

3. Additional Information

- (a) If shareholder approval was required for the grant of options (including prior approval of a stock option plan), state the date that the shareholder meeting approving the grant was or will be held.

Shareholder meeting held on *December 17, 2018.*

- (b) State the date of the news release announcing the grant of options

TBA

- (c) State the total issued and outstanding share capital at the date of grant or amendment. **228,346,532**

- (d) State, as a percentage of the issued and outstanding shares of the Issuer indicated in (c) above, the aggregate number of shares that are subject to incentive stock options, including new options, amended options and other presently outstanding options. **4.56% of issued and outstanding (c)**

**45.61% of a 10% Fixed Stock Option Plan as at December 17, 2018
AGSM 22,834,653**

- (e) If the new options are being granted pursuant to a stock option plan, state the number of remaining shares reserved for issuance under the plan. **12,419,653**
- (f) If the Issuer has completed a public distribution of its securities within 90 days of the date of grant, state the per share price paid by the public investors. **\$0.25**
- (g) Describe the particulars of any proposed material changes in the affairs of the Issuer. **None.**

4. Certificate of Compliance

The undersigned hereby certifies that:

- 1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
- 2. As of the date hereof there is no material information concerning the Issuer which has not been publicly disclosed.
- 3. The undersigned hereby certifies to the Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CNSX Policy 1).
- 4. All of the information in this Form 11 Notice of Proposed Stock Option Grant or Amendment is true.

Dated January 9, 2019

Linda Sampson
Name of Director or Senior
Officer

"Linda Sampson"
Signature

President & COO
Official Capacity

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