

FORM 7

MONTHLY PROGRESS REPORT

Name of Listed Issuer: AREV Brands International Ltd. ("AREV" or the "Issuer").

Trading Symbol: AREV

Number of Outstanding Listed Securities: 54,546,847

Date: October 2019

Report on Business

1. Provide a general overview and discussion of the development of the Issuer's business and operations over the previous month. Where the Issuer was inactive disclose this fact.

The Issuer, AREV Brands International Ltd. ("AREV"), produces and delivers functional ingredients from its world-class extraction system. AREV is revolutionizing the current delivery method of coconut oil, whey protein and nutrients through emulsification. These premium ingredients and products are targeted for the natural health, medical, functional food, nutraceutical, sport nutrition and bioceutical markets. AREV is also working with Pharmacy and Dispensary operators with an innovative emulsified base formula to disperse Cannabis oil extracts from specific selected genetic Cannabis strains that address 5 areas of health including Anxiety, Pain Management, Insomnia, Central Nervous System Disorders & Libido.

2. Provide a general overview and discussion of the activities of management.

During the month of October 2019, the Company announced that it the resignations of Scott McDermid as Director of the Company and Scott Davis as Chief Financial Officer of the Company. Further, the Company has granted 1,200,000 stock options to company directors and consultants at \$0.11 subject to acceptance of the CSE. All options will vest on issuance.

During the month of October 2019, the Company announced that its common shares have been approved for trading on the OTCQB Market ("OTCQB") under the symbol "AREVF" effective as of the open of trading today, October 9, 2019.

During the month of October, 2019 the Company announced that the following outcome of the votes at the annual and special meeting of the shareholders of AREV Brands International Ltd. (the "Company") held on October 15, 2019 in Vancouver, British Columbia

Item 1: Appointment of Auditors Saturna Group Chartered Professional Accountants LLP were appointed as the auditors of the Company by way of an ordinary resolution.

Item 2: Election of DirectorsThe three (3) nominees set forth in the management information circular of the Company: Mike Withrow, Guy Dancosse and Leo Ford dated September 4, 2019 (the "Circular") were elected as directors of the Company by way of an ordinary resolution.

Item 3: Approval of Incentive Stock Option Plan (the "Plan")The approval of the proposed Stock Option Plan and authorizing the Directors to make modifications thereto in accordance with the Plan and the policies of the Canadian Securities Exchange was passed by ordinary resolution.

3. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law.

NONE.

4. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned.

NONE.

5. Describe any new business relationships entered into between the Issuer, the Issuer's affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.

NONE.

6. Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer's affiliates or third parties or cancellation of any financing arrangements that have been previously announced.

NONE.

7. Describe any acquisitions by the Issuer or dispositions of the Issuer's assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provide details of the relationship.

NONE.

8. Describe the acquisition of new customers or loss of customers.

NONE.

9. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trade-marks.

NONE.

10. Report on any employee hirings, terminations or lay-offs with details of anticipated length of lay-offs.

NONE.

11. Report on any labour disputes and resolutions of those disputes if applicable.

NONE.

12. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.

NONE.

13. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness.

NONE.

14. Provide details of any securities issued and options or warrants granted.

Security	Number Issued	Details of Issuance	Use of Proceeds ⁽¹⁾

(1) State aggregate proceeds and intended allocation of proceeds.

15. Provide details of any loans to or by Related Persons.

NONE.

16. Provide details of any changes in directors, officers or committee members.

Scott McDermid, Director

Scott Davis, Chief Financial Officer

17. Discuss any trends, which are likely to impact the Issuer including trends in the Issuer's market(s) or political/regulatory trends.

The trends and risks which are likely to impact the Issuer are discussed in the Issuer's financial statements (the "YE Financial Statements") and corresponding management's discussion and analysis (the "YE MD&A") for the year-ended December 31, 2018. The Q4 Financial Statements and YE MD&A are both available under the Issuer's profile on SEDAR at www.sedar.com.

Certificate Of Compliance

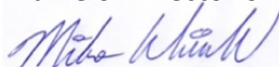
The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there were is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to the Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CNSX Policy 1).
4. All of the information in this Form 7 Monthly Progress Report is true.

Dated October 30, 2019.

Mike Withrow

Name of Director or Senior Officer



Signature

CEO & Director

Official Capacity

Issuer Details	For Month End	Date of Report
Name of Issuer AREV Brands International Ltd.	October 2019	YYYY/MM/DD 2019/10/30
Issuer Address Unit 2 – 9049 Shaughnessy Street		
City/Province/Postal Code Vancouver, BC, V6P 6R9	Issuer Fax No. () n/a	Issuer Telephone No. (604) 803-8439
Contact Name Denby Greenslade	Contact Position Corporate Secretary	Contact Telephone No. (604) 803-8439
Contact Email Address denby@arevbrands.com	Web Site Address www.arevbrands.com	