



**THERAMED HEALTH CORPORATION ANNOUNCES
SUBSIDIARY NAME CHANGE TO EGF HEALTH HOLDINGS CORP.
AND DEBT SETTLEMENTS**

VANCOUVER, BC, Friday July 12, 2019 – Theramed Health Corporation (CSE: TMED, OTCQB: EVAHF) (the “**Company**”) is pleased announce to that it changed the name of a wholly owned subsidiary to “EGF HEALTH HOLDINGS CORP.” and is preparing to complete the plan of arrangement as a spin-out as previously announced March 17, 2017.

Mr. Chris Hung Yu-Kai has been invited to join the Board of Directors and to take the position of CEO, subject to any and all regulatory and corporate approvals. Mr. Hung is a capital markets and corporate finance professional with more than two decades of investment banking experience. He has served as CFO of an investment bank and has extensive experience in handling a wide variety of international merger and acquisition transactions.

Management is grateful that Mr. Hung has accepted the invitation to join the Board of Directors and take the position of CEO. We believe with his extensive background in international business, he is uniquely qualified to assist in developing the company at many levels.

Debt Settlements

The company is pleased to announce that it has settled \$650,000 of debts and obligations of the company for shares at a price of \$0.10 per share for a total of 6,500,000 shares. Standard four months plus a day statutory hold period shall apply to the shares issued.

THERAMED HEALTH CORPORATION

Email theramedhealthcorp@gmail.com

Website <http://www.theramedhealthcorp.com> <http://www.evahealthsystems.com>

CSE Micro-site: <http://thecse.com/en/listings/technology/Theramed-Health-Corporation>

US OTC Markets (OTCQB): <http://www.otcmarkets.com/stock/EVAHF/news>

About THERAMED HEALTH

(CSE: TMED, OTCQB: EVAHF)

Theramed Health Corporation – is a technology company focused in the healthcare and life sciences sector to develop a personalized healthcare system. The company has recently been focused on utilizing CBD derived from Hemp as a core component. The company through its subsidiaries has assets and technologies involved in extracting and purifying CBD extracts, creating formulations through its key scientists, and with its medical device technology monitoring capabilities. Theramed’s unique combination of technologies may allow it to be the first to be able to offer a complete quality assured vertically integrated “CBD Health System” for monitoring, dosing, and recording the effects of CBD on your cardiovascular system.



Disclaimers

This news release contains forward-looking statements based on assumptions and judgments of management regarding future events or results. Such statements are subject to a variety of risks and uncertainties which could cause actual events or results to differ materially from those reflected in the forward-looking statements. The company disclaims any intention or obligation to revise or update such statements. For a description of the risks and uncertainties facing the Company and its business and affairs, readers should refer to the Company's Management's Discussion and Analysis and other disclosure filings with Canadian securities regulators and on the OTC Markets website which is posted on www.sedar.com, <http://thecse.com/en/listings/technology/Theramed-Health-Corporation>, and <http://www.otcmarkets.com/stock/EVAHF/filings>. This news release does not constitute an offer to sell or solicitation of an offer to buy any of the securities described herein and accordingly undue reliance should not be put on such. Neither the Canadian Securities Exchange (CSE or CNSX Markets), nor its Regulation Services Provider (as that term is defined in policies of the CSE), or any other regulatory authority accepts responsibility for the adequacy or accuracy of this release. The Company does not undertake to update this news release unless required by applicable law.

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