

FORM 11

NOTICE OF PROPOSED STOCK OPTION GRANT OR AMENDMENT

Name of Listed Issuer: Marapharm Ventures Inc. (the "Issuer").

Trading Symbol: MDM

Date: October 11, 2018

1. New Options Granted:

Date of Grant: October 4, 2018

Name of Optionee	Position (Director/Officer/Employee/Consultant/Management Company)	Insider Yes or No?	No. of Optioned Shares	Exercise Price	Expiry Date mm/dd/yy	No. of Options Granted in Past 12 Months
H. Pannu	Officer	Y	745,000	\$0.26	Oct 4, 2020	150,000
J. Schuck	Consultant	N	100,000	\$0.26	Oct 4, 2020	None
D. Brown	Consultant	N	100,000	\$0.26	Oct 4, 2020	None
E. Parana	Consultant	N	200,000	\$0.26	Oct 4, 2020	None
M. Gonzales	Consultant	N	20,000	\$0.26	Oct 4, 2020	None
J. Martinez	Consultant	N	20,000	\$0.26	Oct 4, 2020	None
L. Richards	Consultant	N	20,000	\$0.26	Oct 4, 2020	None
E. Brown	Consultant	N	20,000	\$0.26	Oct 4, 2020	None
K. Keating	Consultant	N	400,000	\$0.26	Oct 4, 2020	100,000
J. Hunter	Consultant	N	50,000	\$0.26	Oct 4, 2020	None
N. Costello	Consultant	N	50,000	\$0.26	Oct 4, 2020	None
R. George	Consultant	N	50,000	\$0.26	Oct 4, 2020	None
J. George	Consultant	N	50,000	\$0.26	Oct 4, 2020	None
D. Balakrishnan	Consultant	N	100,000	\$0.26	Oct 4, 2020	None
R. Purdy	Consultant	N	220,000	\$0.26	Oct 4, 2020	None

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L. Hogg	Consultant	N	20,000	\$0.26	Oct 4, 2020	None
N. Langlands-Kotnik	Consultant	N	50,000	\$0.26	Oct 4, 2020	None
Frontier Marketing	Consultant	N	300,000	\$0.26	Oct 4, 2020	None
B. Barnes	Consultant	N	50,000	\$0.26	Oct 4, 2020	None
R. Romaniuk	Consultant	N	20,000	\$0.26	Oct 4, 2020	None
R. Mohamed	Director	Y	745,000	\$0.26	Oct 4, 2020	None
Linda Sampson	Director	Y	745,000	\$0.26	Oct 4, 2020	600,000
J. Osayande	Employee	N	100,000	\$0.26	Oct 4, 2020	50,000
S. Wolfe	Consultant	N	20,000	\$0.26	Oct 4, 2020	None
S. Ludwig	Consultant	N	20,000	\$0.26	Oct 4, 2020	None
R. Wolfe	Officer	Y	400,000	\$0.26	Oct 4, 2020	678,422
C. Klassen	Director	Y	900,000	\$0.26	Oct 4, 2020	600,000
B. Sampson	Consultant	N	20,000	\$0.26	Oct 4, 2020	None
C. Evans	Employee	N	50,000	\$0.26	Oct 4, 2020	50,000
G. Cipes	Consultant	N	300,000	\$0.26	Oct 4, 2020	None
C. McMann	Consultant	N	50,000	\$0.26	Oct 4, 2020	None
P. McMann	Consultant	N	50,000	\$0.26	Oct 4, 2020	None
S. Kramer	Consultant	N	50,000	\$0.26	Oct 4, 2020	None
T. Herold	Consultant	N	50,000	\$0.26	Oct 4, 2020	None
C. Hamilton	Consultant	N	200,000	\$0.26	Oct 4, 2020	None
J. Tyls	Consultant	N	300,000	\$0.26	Oct 4, 2020	None
A. Sanders	Consultant	N	100,000	\$0.26	Oct 4, 2020	None
H. Dekker	Consultant	N	100,000	\$0.26	Oct 4, 2020	None
J. Matthews	Consultant	N	100,000	\$0.26	Oct 4, 2020	None
R. Huhn	Consultant	N	200,000	\$0.26	Oct 4, 2020	None
Dr. Hornby	Consultant	N	100,000	\$0.26	Oct 4, 2020	None

Total Number of optioned shares proposed for acceptance: **7,185,000**

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2. Other Presently Outstanding Options:

Name of Optionee	No. of Optioned Shares ⁽¹⁾	Exercise Price	Original Date of Grant	Expiry Date mm/dd/yy
R. Cannan	165,000	0.93	Tuesday, November 08, 2016	Thursday, November 08, 2018
C. Lovig	200,000	1.02	Wednesday, June 28, 2017	Friday, June 28, 2019
S. Bommarito	500,000	0.56	Monday, March 05, 2018	Thursday, March 05, 2020
C. Evans	50,000	0.71	Monday, March 05, 2018	Thursday, March 05, 2020
J. Osayande	50,000	0.71	Monday, March 05, 2018	Thursday, March 05, 2020
D. Osadchuk	200,000	0.80	Tuesday, March 06, 2018	Wednesday, March 06, 2019
L. Tsapraillis	200,000	0.80	Tuesday, March 06, 2018	Wednesday, March 06, 2019
V. Voskoboinikov - Three-J Investment	300,000	0.61	Tuesday, May 01, 2018	Wednesday, May 01, 2019

3. Additional Information

- (a) If shareholder approval was required for the grant of options (including prior approval of a stock option plan), state the date that the shareholder meeting approving the grant was or will be held.

Shareholder meeting held on *November 17, 2017.*

- (b) State the date of the news release announcing the grant of options

October 9, 2018

- (c) State the total issued and outstanding share capital at the date of grant or amendment. **228,292,038**

- (d) State, as a percentage of the issued and outstanding shares of the Issuer indicated in (c) above, the aggregate number of shares that are subject to

incentive stock options, including new options, amended options and other presently outstanding options. **3.99% of issued and outstanding (c) 9.71% of a 10% Fixed Stock Option Plan as at November 16, 2017 AGM 93,834,926**

- (e) If the new options are being granted pursuant to a stock option plan, state the number of remaining shares reserved for issuance under the plan. **268,494**
- (f) If the Issuer has completed a public distribution of its securities within 90 days of the date of grant, state the per share price paid by the public investors. **None.**
- (g) Describe the particulars of any proposed material changes in the affairs of the Issuer. **None.**

4. Certificate of Compliance

The undersigned hereby certifies that:

- 1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
- 2. As of the date hereof there is no material information concerning the Issuer which has not been publicly disclosed.
- 3. The undersigned hereby certifies to the Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CNSX Policy 1).

4. All of the information in this Form 11 Notice of Proposed Stock Option Grant or Amendment is true.

Dated October 11, 2018

Linda Sampson
Name of Director or Senior
Officer

"Linda Sampson"
Signature

CEO
Official Capacity

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