

FORM 11

NOTICE OF PROPOSED STOCK OPTION GRANT OR AMENDMENT

Name of Listed Issuer: Irving Resources Inc. (the "Issuer").

Trading Symbol: IRV

Date: November 13, 2018

1. New Options Granted:

Date of Grant: November 7, 2018

Name of Optionee	Position (Director/ Officer/ Employee/ Consultant/ Management Company)	Insider Yes or No?	No. of Optioned Shares	Exercise Price	Expiry Date	No. of Options Granted in Past 12 Months
Akiko Levinson	Director	Yes	250,000	\$1.40	Nov 7, 2021	Nil
Quinton Hennigh	Director	Yes	200,000	\$1.40	Nov 7, 2021	Nil
Kevin Box	Director	Yes	50,000	\$1.40	Nov 7, 2021	Nil
Kuang Ine Lu	Director	Yes	25,000	\$1.40	Nov 7, 2021	Nil
Lisa Sharp	Officer	Yes	100,000	\$1.40	Nov 7, 2021	Nil
Leo Karabelas	Consultant	No	50,000	\$1.40	Nov 7, 2021	Nil
Hidetoshi Takaoka	Consultant	No	200,000	\$1.40	Nov 7, 2021	Nil
Kazunori Yoshimura	Consultant	No	50,000	\$1.40	Nov 7, 2021	Nil
Toshiyuki Goto	Employee	No	50,000	\$1.40	Nov 7, 2021	Nil
Douglas Buchanan	Consultant	No	50,000	\$1.40	Nov 7, 2021	Nil

Total Number of optioned shares proposed for acceptance: 1,025,000 .

2. Other Presently Outstanding Options:

Name of Optionee	No. of Optioned Shares ⁽¹⁾	Exercise Price	Original Date of Grant	Expiry Date
Akiko Levinson	200,000	\$0.40	Oct 3, 2016	Oct 3, 2019
Akiko Levinson	250,000	\$1.00	Sep 6, 2017	Sep 6, 2020
Quinton Hennigh	100,000	\$0.14	Feb 9, 2016	Feb 9, 2019
Quinton Hennigh	200,000	\$0.40	Oct 3, 2016	Oct 3, 2019
Quinton Hennigh	200,000	\$1.00	Sep 6, 2017	Sep 6, 2020
Kevin Box	100,000	\$0.40	Oct 3, 2016	Oct 3, 2019
Kevin Box	50,000	\$1.00	Sep 6, 2017	Sep 6, 2020
Kuang Ine Lu	100,000	\$0.40	Oct 3, 2016	Oct 3, 2019
Kuang Ine Lu	50,000	\$1.00	Sep 6, 2017	Sep 6, 2020
Lisa Sharp	50,000	\$0.14	Feb 9, 2016	Feb 9, 2019
Lisa Sharp	100,000	\$0.40	Oct 3, 2016	Oct 3, 2019
Lisa Sharp	100,000	\$1.00	Sep 6, 2017	Sep 6, 2020
Leo Karabelas	25,000	\$0.14	Feb 9, 2016	Feb 9, 2019
Leo Karabelas	50,000	\$0.40	Oct 3, 2016	Oct 3, 2019
Leo Karabelas	50,000	\$1.00	Sep 6, 2017	Sep 6, 2020
Hidetoshi Takaoka	108,333	\$0.45	Nov 23, 2016	Nov 23, 2019
Hidetoshi Takaoka	133,334	\$1.00	Sep 6, 2017	Sep 6, 2020
Kazunori Yoshimura	100,000	\$0.40	Oct 3, 2016	Oct 3, 2019
Kazunori Yoshimura	50,000	\$1.00	Sep 6, 2017	Sep 6, 2020
Ken Uryu	100,000	\$0.40	Oct 3, 2016	Oct 3, 2019
Tamisuke Matsufuji	25,000	\$1.00	Sep 6, 2017	Sep 6, 2020
Toshiyuki Goto	100,000	\$1.00	Sep 6, 2017	Sep 6, 2020
Douglas Buchanan	100,000	\$1.00	Sep 6, 2017	Sep 6, 2020
Tokichiro Tani	50,000	\$0.83	Nov 9, 2017	Nov 9, 2020

(1) Set out number of optioned shares for each grant with different terms.

3. Additional Information

(a) If shareholder approval was required for the grant of options (including prior approval of a stock option plan), state the date that the shareholder meeting approving the grant was or will be held. **N/A**

(b) State the date of the news release announcing the grant of options.

November 7, 2018

(c) State the total issued and outstanding share capital at the date of grant or amendment.

40,753,128

(d) State, as a percentage of the issued and outstanding shares of the Issuer indicated in (c) above, the aggregate number of shares that are subject to incentive stock options, including new options, amended options and other presently outstanding options.

8.38%

(e) If the new options are being granted pursuant to a stock option plan, state the number of remaining shares reserved for issuance under the plan.

658,646

(f) If the Issuer has completed a public distribution of its securities within 90 days of the date of grant, state the per share price paid by the public investors.

N/A

(g) Describe the particulars of any proposed material changes in the affairs of the Issuer.

None

4. Certificate of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.

2. As of the date hereof there is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to the Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CNSX Policy 1).
4. All of the information in this Form 11 Notice of Proposed Stock Option Grant or Amendment is true.

Dated November 13, 2018.

Akiko Levinson
Name of Director or Senior
Officer

signed "Akiko Levinson"
Signature

President
Official Capacity