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NOT FOR DISSEMINATION IN THE UNITED STATES

NEWS RELEASE

GLOBAL HEALTH CLINICS LTD ANNOUNCES LOI WITH INTEGRATIVE ALTERNATIVE HEALTH SERVICES.

November 8, 2018 - Global Health Clinics Ltd. (the “Company”) (CSE: MJRX) (Frankfurt: L002) is pleased to announce the completion of a letter of intent with Integrative Alternative Health Services (IAHS) located in Alberta. IAHS offers patients a variety of home care services in the Central Alberta area, the services range from counselling, massage, yoga, Reiki, meditation, and natural and herbal health products including cannabis as a medicine. Global Health Clinics will be taking over operations of the cannabis aspect of IAHS, offering education and support under the ACMPR. Global Health Clinics will be opening stand-alone offices which will offer the services of IAHS along with cannabis education and support under the ACMPR.

“We are pleased to have a footprint in Alberta, which is one of the largest growing Provinces for medical marijuana use in Canada. By working together with IAHS we gain access to a whole new patient base that use a variety of treatments and services that go hand in hand with cannabis treatment.” States Terry Roycroft - CEO

The first quarter of Health Canada’s ACMPR Fiscal Year 2018-19 shows the total number of ACMPR client registrations are 958,228. Alberta alone totals 348,288 which is 36% of total registrations in Canada.

“This acquisition allows us to provide access to patients in Alberta with their ACMPR licenses and is the first of our expansion plans within the Province. The integrated health model not only allows us to support patients but give them another alternative for medical support through knowledgeable and supportive health practitioners in other fields.” States Terry Roycroft - CEO

Global Health Clinics Ltd.

“Terry Roycroft”

Terry Roycroft, CEO

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Forward-Looking Information This news release includes certain statements that may be deemed "forward-looking statements". All statements in this release, other than statements of historical facts, that address events or developments that Leo Resources

Inc. (the "Company") expects to occur, are forward-looking statements. Forward-looking statements are statements that are not historical facts and are generally, but not always, identified by the words "expects", "plans", "anticipates", "believes", "intends", "estimates", "projects", "potential" and similar expressions, or that events or conditions "will", "would", "may", "could" or "should" occur. Although the Company believes the expectations expressed in such forward-looking statements are based on reasonable assumptions, such statements are not guarantees of future performance and actual results may differ materially from those in the forward-looking statements. Factors that could cause the actual results to differ materially from those in forward-looking statements include market prices, exploitation and exploration successes, and continued availability of capital and financing, and general economic, market or business conditions. Investors are cautioned that any such statements are not guarantees of future performance and actual results or developments may differ materially from those projected in the forward-looking statements. Forward-looking statements are based on the beliefs, estimates and opinions of the Company's management on the date the statements are made. Except as required by applicable securities laws, the Company undertakes no obligation to update these forward-looking statements in the event that management's beliefs, estimates or opinions, or other factors, should change.