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**NOT FOR DISSEMINATION IN THE UNITED STATES**

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**NEWS RELEASE**

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**GLOBAL HEALTH CLINICS UPDATES RAPID PATIENT GROWTH TREND.**

**October 29, 2018 - Global Health Clinics Ltd.** (the “Company”) (CSE: MJRX) (Frankfurt: L002) This year Global Health Clinics is pleased to announce that its patient matrix has grown consistently month by month from 2017, with projections tripling in 2019. Patient numbers have nearly doubled since last year resulting in an increase in support grants/sponsorships from licensed producers.

Global Health Clinics patient purchases from their licensed producers have increased above projections. By opening secondary locations in Kamloops and Vernon, Global Health Clinics will be able to support more patients in BC’s Interior and Okanagan. This has related to about 25% of the overall patient numbers.

Since Global Health Clinics grand opening of its Halifax location it has been steadily growing patient numbers registering 100 patients monthly. “The growth we have seen by opening our Halifax location is going to help us reach out patient goals in the first quarter of 2019. Global Health Clinics will be opening more clinics in Central and Atlantic Canada as we see those being the biggest growth areas in Canada.” States Terry Roycroft

Global Health Clinics has joined the British Columbia Seniors Living Association as well as the British Columbia Care Providers Association which targets Canada’s fastest growing demographic in the Cannabis sector. “By joining these associations, we feel Global Health Clinics is poised to be a industry leader in the senior patient sector and look to further our outreach and education of this demographic. States Terry Roycroft.

Suzette Ramcharan has resigned from the board of directors “On behalf of the board, I want to thank Suzette for his valuable contribution over the past few months. Her financial advice was very important in this milestone year for the corporation. We wish her continued success as he takes on a new role,” commented Anthony Jackson, chairman of the board of directors.

**Global Health Clinics Ltd.**

*“Terry Roycroft”*

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Terry Roycroft, CEO

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**Forward-Looking Information** *This news release includes certain statements that may be deemed "forward-looking statements". All statements in this release, other than statements of historical facts, that address events or developments that Leo Resources Inc. (the "Company") expects to occur, are forward-looking statements. Forward-looking statements are statements that are not historical facts and are generally, but not always, identified by the words "expects", "plans", "anticipates", "believes", "intends", "estimates", "projects", "potential" and similar expressions, or that events or conditions "will", "would", "may", "could" or "should" occur. Although the Company believes the expectations expressed in such forward-looking statements are based on reasonable assumptions, such statements are not guarantees of future performance and actual results may differ materially from those in the forward-looking statements. Factors that could cause the actual results to differ materially from those in forward-looking statements include market prices, exploitation and exploration successes, and continued availability of capital and financing, and general economic, market or business conditions. Investors are cautioned that any such statements are not guarantees of future performance and actual results or developments may differ materially from those projected in the forward-looking statements. Forward-looking statements are based on the beliefs, estimates and opinions of the Company's management on the date the statements are made. Except as required by applicable securities laws, the Company undertakes no obligation to update these forward-looking statements in the event that management's beliefs, estimates or opinions, or other factors, should change.*