

FORM 7

MONTHLY PROGRESS REPORT

Name of Listed Issuer: Hempsana Holdings Ltd. (the "Issuer").

Trading Symbol: HMPS

Number of Outstanding Listed Securities: 24,129,323

Date: March 3, 2023 (Reporting period - February, 2023)

This Monthly Progress Report must be posted before the opening of trading on the fifth trading day of each month. This report is not intended to replace the Issuer's obligation to separately report material information forthwith upon the information becoming known to management or to post the forms required by Exchange Policies. If material information became known and was reported during the preceding month to which this report relates, this report should refer to the material information, the news release date and the posting date on the Exchange website.

This report is intended to keep investors and the market informed of the Issuer's ongoing business and management activities that occurred during the preceding month. Do not discuss goals or future plans unless they have crystallized to the point that they are "material information" as defined in the Policies. The discussion in this report must be factual, balanced and non-promotional.

General Instructions

- (a) Prepare this Monthly Progress Report using the format set out below. The sequence of questions must not be altered nor should questions be omitted or left unanswered. The answers to the items must be in narrative form. State when the answer to any item is negative or not applicable to the Issuer. The title to each item must precede the answer.
- (b) The term "Issuer" includes the Issuer and any of its subsidiaries.
- (c) Terms used and not defined in this form are defined or interpreted in Policy 1 – Interpretation and General Provisions.

Report on Business

1. Provide a general overview and discussion of the development of the Issuer's business and operations over the previous month. Where the Issuer was inactive disclose this fact.

The Issuer is a Canadian cannabis company specializing in cannabis derivatives with focus on Extraction & Purification and End-Product Manufacturing. It sells various cannabis derivatives, including distillates and

isolates, through cannabis wholesale channel in Canada, specifically by selling cannabis derivatives in bulk to licensed producers and through provincial distribution channels.

The issuer on February 28, 2023 filed a notice for change of Auditors

2. Provide a general overview and discussion of the activities of management.

None to report during the month of February 2023.

3. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law.

None to report during the month of February 2023

4. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned.

None to report during the month of February 2023.

5. Describe any new business relationships entered into between the Issuer, the Issuer's affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.

None to report during the month of February 2023.

6. Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer's affiliates or third parties or cancellation of any financing arrangements that have been previously announced.

None to report during the month of February 2023.

7. Describe any acquisitions by the Issuer or dispositions of the Issuer's assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provide details of the relationship.

None to report during the month of February 2023.

8. Describe the acquisition of new customers or loss of customers.

None to report during the month of February 2023.

9. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trade-marks.

None to report during the month of February 2023.

10. Report on any employee hirings, terminations or lay-offs with details of anticipated length of lay-offs.

None to report during the month of February 2023.

11. Report on any labour disputes and resolutions of those disputes if applicable.

None to report during the month of February 2023.

12. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.

None to report during the month of February 2023.

13. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness.

None to report during the month of February 2023.

14. Provide details of any securities issued and options or warrants granted.

<i>Type</i>	<i>Number Securities</i>	<i>of</i>	<i>Price</i>	<i>Use</i>
NA	NA		NA	NA

15. Provide details of any loans to or by Related Persons.

None to report during the month of February 2023.

16. Provide details of any changes in directors, officers or committee members.

None to report during the month of February 2023.

17. Discuss any trends which are likely to impact the Issuer including trends in the Issuer's market(s) or political/regulatory trends.

There is currently downward pressure on spot prices for distillate and isolates products stemming from supply and demand imbalances. This is affecting all the players in the market and may negatively impact our revenues and cash flows.

Additional trends and risks, which may impact the Issuer, are detailed in Item 17, Risk Factors, of the Issuer's Form 2A – Listing Statement dated July 12, 2021.

Certificate Of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there were is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to the Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CNSX Policy 1).
4. All of the information in this Form 7 Monthly Progress Report is true.

Dated: March 3, 2023

Randy Ko
Name of Director or Senior
Officer

/s/ "Randy Ko"
Signature

Director, President & CEO
Official Capacity

Issuer Details Name of Issuer <u>Hempsana Holdings Ltd.</u>	For Month End: February 2023	Date of Report YY/MM/DD 23/03/03
Issuer Address 885 West Georgia Street, 2200 HSBC Building, Vancouver, BC.		
City/Province/Postal Code Vancouver, British Columbia, V6C 3E8	Issuer Fax No. ()	Issuer Telephone No. (647) 255-8849
Contact Name David Chan	Contact Position: CFO	Contact Telephone No. (647) 255-8849
Contact Email Address david@hempsana.ca	Web Site Address www.hempsana.ca	