



**Nutritional High International Inc.**  
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## **NUTRITIONAL HIGH ADDED TO CSE25 INDEX, QUALIFYING AS ONE OF ITS 25 LARGEST COMPANIES BY MARKET CAPITALIZATION**

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### ***FOR IMMEDIATE RELEASE***

**Toronto, Ontario** – Nutritional High International Inc. (the “**Company**” or “**Nutritional High**”) (CSE: **EAT**, OTCQB: **SPLIF**, FRANKFURT: **2NU**) is pleased to announce that the Company has been added to the CSE25 Index having qualified as one of the 25 largest companies in the Canadian Securities Exchange (“**CSE**”) Composite Index by market capitalization.

Jim Frazier, CEO of Nutritional High, commented, “We are very proud to be officially recognized as one of the 25 largest companies on the CSE by market cap and a member of the CSE25 Index. The CSE has been a great partner in executing our capital markets strategy and we look forward to further developing this partnership going forward.”

### **About The CSE25 Index**

The CSE25 Index is a subgroup of the CSE Composite Index. The composite index launched in 2015 and includes the top 25 securities by market capitalization contained in the composite index. These companies account for over 50% of the weighting in the larger index and are typically stocks that attract considerable trading volume.

Richard Carleton, CEO, observed that "As the exchange has grown rapidly in terms of trading volumes and market capitalization it is appropriate that we give market participants a benchmark that monitors the performance of our largest and most liquid issues. As the 'exchange for entrepreneurs' we are proud of their success in the Canadian capital markets."

### **About Nutritional High International Inc.**

Nutritional High is focused on developing, manufacturing and distributing premium and consistently dosed products in the cannabis-infused products industry, including edibles and oil extracts for nutritional, medical and adult recreational use. The Company works exclusively through licensed facilities in jurisdictions where such activity is permitted and regulated by state law.

For updates on the Company's activities and highlights of the Company's press releases and other media coverage, please follow Nutritional High on [Facebook](#), [Twitter](#), [Instagram](#) and [Google+](#) or visit [www.nutritionalhigh.com](http://www.nutritionalhigh.com).

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