

GABRIELLA'S KITCHEN

Gabriella's Kitchen, Leading Manufacturer of Better-For-You-Foods, Begins Trading Under Symbol 'GABY' on Canadian Securities Exchange and Appoints Additional Board Member

Revolutionary superfood brand introduces Cannabis infused product line, alto™

CALGARY, AB (September 5, 2018) – Gabriella's Kitchen Inc. (CSE: GABY, "GK" or the "Company") a leading manufacturer of better-for-you foods, is pleased to announce that effective at the market open today, September 5, 2018, the Company's common shares (the "Common Shares") will begin trading on the Canadian Securities Exchange (the "CSE") under the ticker symbol "GABY".

GK develops, manufactures, produces and markets high-quality, nutritional food products, using healthy and unique ingredients in innovative ways to create healthy alternatives to traditionally unhealthy comfort foods. The Company provides over 20 food products that offer consumers better-for-you options such as high-protein, low-calorie, low-carbohydrate, vegan, gluten-free and other allergy-sensitive products. The award-winning product family includes: *skinnypasta™*, *gabbypasta™* and *noodi™* brands, and a new fourth brand, *alto™*, to represent its cannabis and hemp-infused products.

The new line of products infused with cannabis-derived cannabinoids (including CBD and THC) ("Infused Products") represent a supplement to its existing established portfolio. Gabriella's Kitchen Infused Products are the first of its kind in the market and represent a new approach to healthy food products.

"The future of the wellness industry will be based on companies that are accommodating a holistic approach to health, which includes cannabis," states Margot Micallef, founder and CEO of Gabriella's Kitchen. "People will now have the choice to drink cannabis instead of a beer or the choice to eat a product in the form of an edible. Our new line of infused products is not only the future of the wellness industry, but a crucial role in living a healthy life."

A total of 22,226,111 common shares were distributed without additional payment upon the automatic conversion the Corporation's senior unsecured convertible debentures (the "Convertible Debentures") comprising the 6,350 units of the Corporation ("Units"). The Units were issued in connection with a previously announced private placement offering (the "Offering") which closed on June 13, 2018. The Units were issued at a price of \$1,000 per Unit for aggregate gross proceeds of \$6,350,000. The Offering was co-led by Eight Capital and Gravititas Securities, and the company was further advised by Wildhorse Capital Partners ("Wildhorse"). Wildhorse acted as strategic advisors to GK.

Wildhorse Capital Partners co-founder and General Partner, Christopher Fenn states, "We are proud to have advised GK on its latest financing round and are excited by the announcement that GABY has listed on the CSE. We look forward to continuing to work with GK as it brings its unique brand of cannabis-derived products to eager markets."

Former Dragon's Den Star W. Brett Wilson and his son Russell Wilson, through their family office, Prairie Merchant Corporation, participated in the most recent financing round with the lead order.

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Now that GK is public, Russell Wilson, New Business Ventures Manager at Prairie Merchant has been appointed to the board of directors of GK.

For more information about the Offering, please refer to press release of the Company dated June 14, 2018 available on the Company's website at www.gabriellas-kitchen.com or the Company's prospectus dated August 28, 2018 available on the Company's profile on SEDAR at www.sedar.com and on the Company's website.

About Gabriella's Kitchen

Spurred by their desire to find a way to improve Gabriella's prognosis after a dire cancer diagnosis, Italian sisters Gabriella and Margot Micallef were inspired to launch GK after succeeding in prolonging Gabriella's life through diet and lifestyle. GK was founded with the goal to create powerfully nutritious foods using unique ingredients in innovative ways – so that *everyone* could enjoy and share healthy and functional superfoods. Although Gabriella ultimately passed away from her illness, her passion for smart nutrition helped her live exponentially longer than doctors predicted. Gabriella was a rebel who believed in endless possibilities. Her memory and passion live on through GK's mission: to empower people to live healthy lives without compromise.

With its existing infrastructure of major retailers and an extensive broker network, the Company is uniquely positioned to service both mainstream grocery and licensed cannabis retailers throughout both legal and emerging markets across North America. Since the Company's inception, GK has secured over 400 editorial placements in digital and traditional media, including highlights with NBC, CBC, Huffington Post, Globe & Mail, and the Wall Street Journal. The Company's traditional (non-infused) products are currently available in more than 3,000 stores across the U.S. and Canada, including major retailers, such as Whole Foods, Publix, Sobeys, Loblaws, and Safeway. The Company anticipates its Infused Products will be available in both licensed and, on a limited basis, non-licensed channels in certain markets where legislation allows.

For investment inquiries, please contact Scott Koyich, Investor Relations at investorrelations@gabriellas-kitchen.com or (800) 674-2239.

For media inquiries, please contact Lana Rogers, Public Relations Consultant, at Lana@Lanarogerspr.com or (403) 519-7959.

The Canadian Securities Exchange does not accept responsibility for the adequacy or accuracy of this release.

Certain information set forth in this news release may contain forward-looking statements that involve substantial known and unknown risks and uncertainties, certain of which are beyond the control of Gabriella's Kitchen Inc. Forward-looking statements are frequently characterized by words such as "plan", "continue", "expect", "project", "intend", "believe", "anticipate", "estimate", "may", "will", "potential", "proposed" and other similar words, or statements that certain events or conditions "may" or "will" occur. These statements are only predictions. Readers are cautioned that the assumptions used in the preparation of such information, although considered reasonable at the time of preparation, may prove to be imprecise and, as such, undue reliance should not be placed on forward-looking statements. Forward-looking statements include, but are not limited to, the anticipated availability of the Company's Infused Products. The Company assumes no obligation to update forward-looking statements, whether as a result of new information, future events or otherwise, except as required by applicable law.