

FORM 7

MONTHLY PROGRESS REPORT

Name of Listed Issuer: Crestview Exploration Inc. (the "Issuer").

Trading Symbol: CRS

Number of Outstanding Listed Securities: 12,466,376

Date: Oct 3, 2019

This Monthly Progress Report must be posted before the opening of trading on the fifth trading day of each month. This report is not intended to replace the Issuer's obligation to separately report material information forthwith upon the information becoming known to management or to post the forms required by Exchange Policies. If material information became known and was reported during the preceding month to which this report relates, this report should refer to the material information, the news release date and the posting date on the Exchange website.

This report is intended to keep investors and the market informed of the Issuer's ongoing business and management activities that occurred during the preceding month. Do not discuss goals or future plans unless they have crystallized to the point that they are "material information" as defined in the Policies. The discussion in this report must be factual, balanced and non-promotional.

General Instructions

- (a) Prepare this Monthly Progress Report using the format set out below. The sequence of questions must not be altered nor should questions be omitted or left unanswered. The answers to the items must be in narrative form. State when the answer to any item is negative or not applicable to the Issuer. The title to each item must precede the answer.
- (b) The term "Issuer" includes the Issuer and any of its subsidiaries.
- (c) Terms used and not defined in this form are defined or interpreted in Policy 1 – Interpretation and General Provisions.

Report on Business

1. Provide a general overview and discussion of the development of the Issuer's business and operations over the previous month. Where the Issuer was inactive disclose this fact.

During the month of September 2019, the company commenced his trading on the Canadian Security Exchange ("CSE") under the symbol "CRS". The Company has listed 9,466,376 common shares, including 1,930,000 shares held in escrow. The Company also issued 3,000,000 common shares to Kingsmere Mining Ltd as part of its acquisition agreement. Those shares have a sale

restriction for a period of 24 months. The Company extended a total of 2,838,000 warrants coming to expiration between September 21 and October 31 for a further period of two (2) month. The Company has signed a Purchased Agreement to buy back 375,000 common shares from Kingsmere Mining Ltd and to cancel the shares.

2. Provide a general overview and discussion of the activities of management.

Management discussed September work program. The Company planned to obtain access agreements with neighbouring fee landowners to allow for direct assess to the Rock Creek Property. The Management also planed the geochemical sampling and mapping program, both program have commenced in September.

3. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law.

Sampling and mapping program started on the Rock Creek project.

4. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned.

N/A

5. Describe any new business relationships entered into between the Issuer, the Issuer's affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.

The Company entered into a Monthly contract wihn domainTrafficmedia for Social Media Services. The Company entered into a yearly contract due to expire Sep 30, 2020 with Thenewswire for newswire service. The company bought a one year Commercial Liability insurance for the Rock Creek Project.

6. Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer's affiliates or third parties or cancellation of any financing arrangements that have been previously announced.

N/A

7. Describe any acquisitions by the Issuer or dispositions of the Issuer's assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provide details of the relationship.

The Company entered into a Purchased Agreement with Kingsmere Mining Ltd to buy back 375,000 common shares issued to Kingsmere Mining Ltd as part of the Rock Creek Project Acquisition Agreement with the Company

8. Describe the acquisition of new customers or loss of customers.
N/A
9. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trade-marks.
N/A
10. Report on any employee hirings, terminations or lay-offs with details of anticipated length of lay-offs.
N/A
11. Report on any labour disputes and resolutions of those disputes if applicable.
N/A
12. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.
N/A
13. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness.
N/A
14. Provide details of any securities issued and options or warrants granted.

Security	Number Issued	Details of Issuance	Use of Proceeds⁽¹⁾
Common Shares	9,466,376	Common Shares issued prior to the listing on September 9 2019 on the CSE.	Proceed were used before the listing and is being use for the Company Program and G&A Expenses
Common Shares	3,000,000	Issued to Kingsmere Mining Ltd as par of the Acquisition Agreement for the Rock Creek Gold property	Deem value of 0.05/ shares. Proceed is used for the Acquisition of the Rock Creek Gold Property
Warrants	8,761,220	Warrants issued prior to listing, and listed on September	N/A

		9 on the CSE	
Options	175,000	Stock Options issued to directors and Officers <u>prior to the listing of the Company.</u> Exercisable at 0.40 and expiring April 20, 2020	N/A

(1) State aggregate proceeds and intended allocation of proceeds.

15. Provide details of any loans to or by Related Persons.

N/A

16. Provide details of any changes in directors, officers or committee members.

N/A

17. Discuss any trends which are likely to impact the Issuer including trends in the Issuer's market(s) or political/regulatory trends.

N/A

Certificate Of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.
2. As of the date hereof there were is no material information concerning the Issuer which has not been publicly disclosed.
3. The undersigned hereby certifies to the Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CNSX Policy 1).
4. All of the information in this Form 7 Monthly Progress Report is true.

Dated October 3, 2019.

James (Dimitrios) Liakopoulos
Name of Director or Senior Officer



Signature
Chairman & Director

Official Capacity

Issuer Details		For Month End:	Date of Report
Name of Issuer Crestview Exploration Inc.		September 30, 2019	19/10/03
Issuer Address 330 5 th Ave, Suite 1800			
City/Province/Postal Code Calgary		Issuer Fax No. ()	Issuer Telephone No. (514) 802-1807
Contact Name James (Dimitrios) Liakopoulos		Contact Position Chairman & Director	Contact Telephone No. (514) 801807
Contact Email Address info@crestviewexploration.com		Web Site Address www.crestviewexploration.com	