



NUTRITIONAL HIGH SOCIAL DISTRIBUTION FACILITY GRANTED OPERATING APPROVAL

Toronto, Ontario – June 6, 2019 – Nutritional High International Inc. ("**Nutritional High**" or the "**Company**") (CSE: **EAT**, OTCQB: **SPLIF**, FRANKFURT: **2NU**) announced yesterday that it has signed a Letter of Intent ("**LOI**") with good Vybes, LLC ("**GV**") and Hannah Ashby ("**Ashby**") to provide a Southern California base of operations for Calyx Brands ("**Calyx**"), the cannabis products distributor of the Company. As of this morning, Ashby has received authorization from the City of Los Angeles for distribution, manufacturing and cultivation. Operations as contemplated under the LOI will commence this month.

Adam Szweras, Co-Chairman of Nutritional High, commented, "We're very pleased with the speedy advancement of this project with Hannah Ashby and good Vybes. This new facility will allow us to significantly increase our Southern California infrastructure and ramp up the reach and level of service Calyx can provide in the region. This is a strategic milestone for us as we expect it will allow Calyx to rapidly grow."

About Nutritional High International Inc.

Nutritional High is focused on developing, manufacturing and distributing products under recognized brands in the cannabis products industry, with a specific focus on edibles and oil extracts for medical and adult recreational use. The Company works exclusively with licensed facilities in jurisdictions where such activity is permitted and regulated by state law.

The Company follows a vertically integrated model with a fully developed strategy for acquisitions in extraction, production, sales, and distribution sectors of the cannabis industry. Nutritional High has brought its flagship FLI™ edibles and extracts product line from production to market through its wholly owned subsidiaries in California and Oregon, as well as Colorado where its FLI™ products are manufactured by a third-party licensed producer. In California, the Company distributes its products and products manufactured by other leading producers through its wholly owned distributor Calyx Brands Inc. and is entering the Nevada, Washington State and Canadian markets in the near future.

For updates on the Company's activities and highlights of the Company's press releases and other media coverage, please follow Nutritional High on [Facebook](#), [Twitter](#) and [Instagram](#) or visit www.nutritionalhigh.com.

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The Company's securities have not been registered under the U.S. Securities Act of 1933, as amended (the "U.S. Securities Act"), or applicable state securities laws, and may not be offered or sold to, or for the account or benefit of, persons in the United States or "U.S. Persons", as such term is defined in Regulation S under the U.S. Securities Act, absent registration or an applicable exemption from such registration requirements. This press release shall not constitute an offer to sell or the solicitation of an offer to buy nor shall there be any sale of the securities in the United States or any jurisdiction in which such offer, solicitation or sale would be unlawful.

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