FORM 7

MONTHLY PROGRESS REPORT

Name of Listed Issuer: Sixth Wave Innovations Inc. (the "Issuer").

Trading Symbol: SIXW

Number of Outstanding Listed Securities: 72,000,652

Date: April 2, 2020

This Monthly Progress Report must be posted before the opening of trading on the fifth trading day of each month. This report is not intended to replace the Issuer's obligation to separately report material information forthwith upon the information becoming known to management or to post the forms required by Exchange Policies. If material information became known and was reported during the preceding month to which this report relates, this report should refer to the material information, the news release date and the posting date on the Exchange website.

This report is intended to keep investors and the market informed of the Issuer's ongoing business and management activities that occurred during the preceding month. Do not discuss goals or future plans unless they have crystallized to the point that they are "material information" as defined in the Policies. The discussion in this report must be factual, balanced and non-promotional.

General Instructions

(a) Prepare this Monthly Progress Report using the format set out below. The sequence of questions must not be altered nor should questions be omitted or left unanswered. The answers to the items must be in narrative form. State when the answer to any item is negative or not applicable to the Issuer. The title to each item must precede the answer.

(b) The term "Issuer" includes the Issuer and any of its subsidiaries.

(c) Terms used and not defined in this form are defined or interpreted in Policy 1 – Interpretation and General Provisions.

Report on Business

1. Provide a general overview and discussion of the development of the Issuer's business and operations over the previous month. Where the Issuer was inactive disclose this fact.

   On March 3, 2020 the Issuer received approval for the jointly submitted proposal for the testing of the Issuer's IXOS gold extraction technology in collaboration with the Centre Technologique des Residus Industriels (CTRI) and a major top 10 gold producer. The purpose of the project is to validate alternative, environmentally friendly, leaching technologies, as well as the Issuer's IXOS

technology for the extraction of gold from both cyanide and alternative lixiviants. The project will examine a variety of alternative lixiviants for the leaching of gold, including thiourea, thiocyanate, thiosulphate and halogens (bromine, iodine and more). After initial lixiviant test work, IXOS gold extraction beads will be tested in direct comparison with activated carbon as a means of extracting gold from various leach solutions. This examination will also include benchmark testing of the IXOS beads as a means of extracting gold from a cyanide leach solution.

On March 6, 2020, the Issuer acquired a controlling interest in Geolithic Corp. ("Geolithic") pursuant to an option agreement dated February 28, 2020 (the "Agreement") executed with Trilateral Energy, LLC ("Trilateral"). Geolithic was established in January 2017 as a joint venture between Trilateral and a subsidiary of the Issuer to exploit the Issuer's technology for the extraction of lithium from geothermal brines located primarily in the Salton Sea area of California. Pursuant to the original 2017 agreement, Trilateral held 60% of the outstanding shares of Geolithic, with the Issuer holding 40%. Under the terms of the Agreement, the Issuer has repurchased an additional 15% of the outstanding shares of Geolithic from Trilateral, with an option to obtain a full 100% before the end of 2020.

On March 19, 2020, the Issuer's shares became eligible for electronic clearing and settlement through the Depository Trust Company (DTC).

2. Provide a general overview and discussion of the activities of management.

   See item 1 above.

3. Describe and provide details of any new products or services developed or offered. For resource companies, provide details of new drilling, exploration or production programs and acquisitions of any new properties and attach any mineral or oil and gas or other reports required under Ontario securities law.

   Not applicable.

4. Describe and provide details of any products or services that were discontinued. For resource companies, provide details of any drilling, exploration or production programs that have been amended or abandoned.

   Not applicable.

5. Describe any new business relationships entered into between the Issuer, the Issuer's affiliates or third parties including contracts to supply products or services, joint venture agreements and licensing agreements etc. State whether the relationship is with a Related Person of the Issuer and provide details of the relationship.

   See the March 3, 2020 and March 6, 2020 announcement by the Issuer in item 1 above. The relationships are at arm's length and are not with a Related Person of the Issuer.

6. Describe the expiry or termination of any contracts or agreements between the Issuer, the Issuer's affiliates or third parties or cancellation of any financing arrangements that have been previously announced.

Not applicable.

7. Describe any acquisitions by the Issuer or dispositions of the Issuer's assets that occurred during the preceding month. Provide details of the nature of the assets acquired or disposed of and provide details of the consideration paid or payable together with a schedule of payments if applicable, and of any valuation. State how the consideration was determined and whether the acquisition was from or the disposition was to a Related Person of the Issuer and provide details of the relationship.

   On March 6, 2020, the Issuer acquired a controlling interest in Geolithic Corp. ("Geolithic") pursuant to an option agreement dated February 28, 2020 (the "Agreement") executed with Trilateral Energy, LLC ("Trilateral"). Geolithic was established in January 2017 as a joint venture between Trilateral and a subsidiary of the Issuer to exploit the Issuer's technology for the extraction of lithium from geothermal brines located primarily in the Salton Sea area of California. Pursuant to the original 2017 agreement, Trilateral held 60% of the outstanding shares of Geolithic, with the Issuer holding 40%. Under the terms of the Agreement, the Issuer has repurchased an additional 15% of the outstanding shares of Geolithic from Trilateral, with an option to obtain a full 100% before the end of 2020.

   Total aggregate consideration is as follows: $100,539 CAD ($75,000 USD) based on an exchange rate of 1.34052 paid on March 6, 2020, an additional $225,000 USD payable if the option to acquire 100% of Geolithic is exercised.

   The purchase price was negotiated on an arm's length basis with Trilateral.

8. Describe the acquisition of new customers or loss of customers.

   Not applicable.

9. Describe any new developments or effects on intangible products such as brand names, circulation lists, copyrights, franchises, licenses, patents, software, subscription lists and trade-marks.

   Not applicable.

10. Report on any employee hirings, terminations or lay-offs with details of anticipated length of lay-offs.

    Not applicable.

11. Report on any labour disputes and resolutions of those disputes if applicable.

    Not applicable.

12. Describe and provide details of legal proceedings to which the Issuer became a party, including the name of the court or agency, the date instituted, the principal parties to the proceedings, the nature of the claim, the amount claimed, if any, if the proceedings are being contested, and the present status of the proceedings.

    Not applicable.

13. Provide details of any indebtedness incurred or repaid by the Issuer together with the terms of such indebtedness.

Not applicable.

14. Provide details of any securities issued and options or warrants granted.

Security	Number Issued	Details of Issuance	Use of Proceeds
Common shares	150,000	Warrant exercise.	$9,750 received to be used for general working capital purposes.

15. Provide details of any loans to or by Related Persons.

The Issuer has a convertible debenture with Affinity Nano in the amount of $1,000,000 USD which bears interest at 10% compounded monthly and payments of $25,000 USD are to be paid at the end of each month.

The Issuer has deferred salary loans with certain employees of the Issuer which accrue interest at 0.667% per month and will be repaid over 24 months at various payment amounts.

For further information respecting the convertible debenture and the deferred salary loans see the Issuer's Listing Statement dated February 6, 2020.

16. Provide details of any changes in directors, officers or committee members.

Not applicable.

17. Discuss any trends which are likely to impact the Issuer including trends in the Issuer's market(s) or political/regulatory trends.

The trends and risks which are likely to impact the Issuer are outlined in the Issuer's Listing Statement dated February 6, 2020. The Issuer's Listing Statement is available on the Issuer's SEDAR profile at www.sedar.com and on the Issuer's disclosure with the CSE at www.thecse.com.

In March 2020 the World Health Organization declared coronavirus COVID-19 a global pandemic. This contagious disease outbreak, which has continued to spread, and any related adverse public health developments, has adversely affected workforces, economies, and financial markets globally, potentially leading to an economic downturn. It is not possible for the Issuer to predict the duration or magnitude of the adverse results of the outbreak and its effects on the Issuer's business or results of operations at this time.

Certificate Of Compliance

The undersigned hereby certifies that:

1. The undersigned is a director and/or senior officer of the Issuer and has been duly authorized by a resolution of the board of directors of the Issuer to sign this Certificate of Compliance.

2. As of the date hereof there were is no material information concerning the Issuer which has not been publicly disclosed.

3. The undersigned hereby certifies to the Exchange that the Issuer is in compliance with the requirements of applicable securities legislation (as such term is defined in National Instrument 14-101) and all Exchange Requirements (as defined in CNSX Policy 1).

4. All of the information in this Form 7 Monthly Progress Report is true.

Dated April 2, 2020.

John Veltheer
Name of Director or Senior Officer

"John Veltheer"
Signature
CFO & Director
Official Capacity

Issuer Details Name of Issuer Sixth Wave Innovations Inc.	For Month End: March 2020	Date of Report YY/MM/D 20/04/02
Issuer Address Suite 830-1100 Melville Street		
City/Province/Postal Code Vancouver, BC, V6E 4A6	Issuer Fax No. (902) 492-0197	Issuer Telephone No. (604) 562-6915
Contact Name John Veltheer	Contact Position CFO	Contact Telephone No. 604-562-6915
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